



Provincia  
di Milano



Provincia  
di Lodi



Comune  
di Paullo



# Cycling between Lodi and Milan

10 CYCLING ROUTES FROM PUNTO PARCO CASA DELL'ACQUA IN PAULLO



## PAULLO, LAND OF BOUNDARIES

**T**he history of Paullo is strongly connected to water. A vast water basin, the legendary and mysterious **Lake Gerundo**, extended in the past from Truccazzano southwards, flooding most of that land that today is called the “Lodigiano” north from Lodi.

Floods of the rivers Adda and Serio formed an area of morasses and marshes, and it is from the Latin word for marsh, “*palus*” (in Italian “*palude*”) that the name Paullo is derived. The existence of Lake Gerundo is mentioned in chronicles and documents until year 1000. Later on, the work of land reclamation performed throughout Milanese and Lodigiano drained the lake away.

Today the remains of this lake can be seen in **Mignete** (see **Routes 1, 4 and 9**) hamlet of Zelo Buon Persico, where a vast grove of reeds and wetlands (the famous “**Mortone**”) can be observed from the morphological terrace near the cycling route towards Lodi, along the Provincial Street SP16. Here it is common to see grey herons, pheasants and other rare birds that have found their ideal habitat in this environment.

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View of the Muzza towpath

Today the names of the places bring back to memory the legend of Lake Gerundo, with its power of suggestion and appeal. Water has given this land a primordial “imprinting”. Still today, with the network of dykes and canals and the majestic presence of the **Muzza Canal**, the landscape is shaped and influenced by water. (Following **Route 2**, **Route 3** and **Route 7** it is possible to follow the towpath along an extremely interesting stretch of Muzza, north from Paullo). The Roman conquest, at the end of III century BC and the subsequent work of land reclamation radically changed the landscape. The extent of

wetlands was reduced, merging the waters into the «Mutia» (ancient name of the Muzza Canal), so called to honour the Roman magistrate who supervised its building.

With the fall of the Roman Empire and the barbaric invasions, the territory went into significant decay. At the beginning of the X century, the Benedictine monks owned Cascina **Villambro**: here they erected the **Oratorio di Sant'Eusebio** (see **Routes 1 and 10**) which is still there.

The beautiful parish church is believed to have been founded by Benedictine monks, however this church was demolished in

1965 to make room for an ugly building in reinforced concrete.

In the XIII century the excavation of the Muzza Canal was resumed. This Canal still represents one of the most important irrigation works in Europe. By that time it was a subject of contention between Lodigiani and Milanese for the control of its waters. Following **Route 2** the source of the Muzza Canal from the river Adda can be seen in Cassano d'Adda.

During the feudal period, Paullo went under the “Signoria” of the Visconti and then under the Sforza, dukes of Milan. In 1452, during the



*The “Mortone” in Mignete (Zelo Buon Persico)*



*Cascina Villambro (Paullo)*





*Carcassola Grugni Palace in Marzano*



*The "Napoleon" bridge at the "Zelasche"*

war between Milan and the Republic of Venice, two towers and a dyke were built by Francesco Sforza for the defence of the Muzza Canal. By this time the Muzza was a borderline to safeguard the contentious differences between Milanesi and Veneziani. In 1540 the fiefdom of "Paullo Lodigiano" was made over from the feudal lords Carcassola (**Palazzo Carcassola** can still be seen in Marzano following **Route 7**) to Prince Taxis of Cornello (in the Province of Bergamo). The coats of arms of these two fami-

lies can still be identified in the municipal coat of arms of the **Comune di Paullo**. In 1708, Paullo, as well as the whole region of Lombardy, passed into Austrian control. In 1797 the French troops led by Napoleon arrived, defeating the Austrians. You are reminded of the journey by the Corsican General, as you view the so called **Napoleon Bridge**, which can be reached by bicycle along the old bed of Muzza, at the "Zelasche" (see **Route 4**). Paullo was finally included in the Cisalpine Republic and then in the Reign of

Italy. When Bonaparte fell (1815) the Austrians were back and Paullo was assigned to the administrative control of the province of Lodi. The village took part in the "Cinque Giornate di Milano" the five days of Milan (1848), with about forty volunteers. These volunteers, defeated by the Austrian army, retreated back to the bridge over the Muzza Canal, where they erected barricades, which were soon swept away by the troops of general Radetzky, firing cannonballs against the bell tower; but failing to knock it down.

Once again the Muzza was a field of military engagement between opposing battle groups. After the Unification of Italy the history of Paullo merged into the national history. Paullo also took part in the “Resistenza” with bloody battles between Nazi fascists and partisans. Today this small town has lost its identity as a farmers’ country village and has experienced a strong urbanization, becoming a modern residential centre with a population of about 11000 inhabitants.

In 1990 Paullo entered the **Parco Agricolo Sud Milano**, founded with the objective of giving value to the agricultural history of this territory and to safeguard its environment and landscape. (In **Route 8** it is possible to cross the Carengione, one of the forest areas typical of this park, in **Route 5** the Natural Reserve Sorgenti della Muzzetta is crossed, while in **Route 6** the Oasis of Montorfano can be reached with a small detour; which are also inside the Parco Agricolo Sud Milano). From a territory standpoint, Paullo became the last municipality before the **Parco Adda Sud**, the other large river park along the river Adda, the borderline being between Paullo and Zelo Buon Persico. In 1992, with the creation of the Province of Lodi, Paullo became also the **last municipality of the Province of Milan** along the borderline with the Province of Lodi. The Muzza Canal

(for the Paullesi, the citizens of Paullo, it is simply “*la Muzza*”) the other historical borderline and guardian of our territory, is now included in the **European Green Network** as the **Cycling Greenway Adda-Muzza**, which already connects Lecco with the Po river; through a system of towpaths and cycling routes.

The position of Paullo, across the Province of Lodi and the Province of Milan (with their cycling systems), between Parco Adda Sud and Parco Agricolo Sud Milano, along a greenway

acknowledged at European level, is now as strategic as it has ever been. The challenge is now to utilize the immense opportunities offered by this environment and its unique situation. The objective of this publication and of **Paullo che Pedala-FIAB** is to transform this historical position along boundaries into a starting point, to know and discover on a bicycle the huge natural heritage, history and culture that unites the **Province of Milano** and the **Province of Lodi**.

Enjoy cycling between Milanese and Lodigiano!



*The Muzza Canal near Lavagna (Comazzo)*

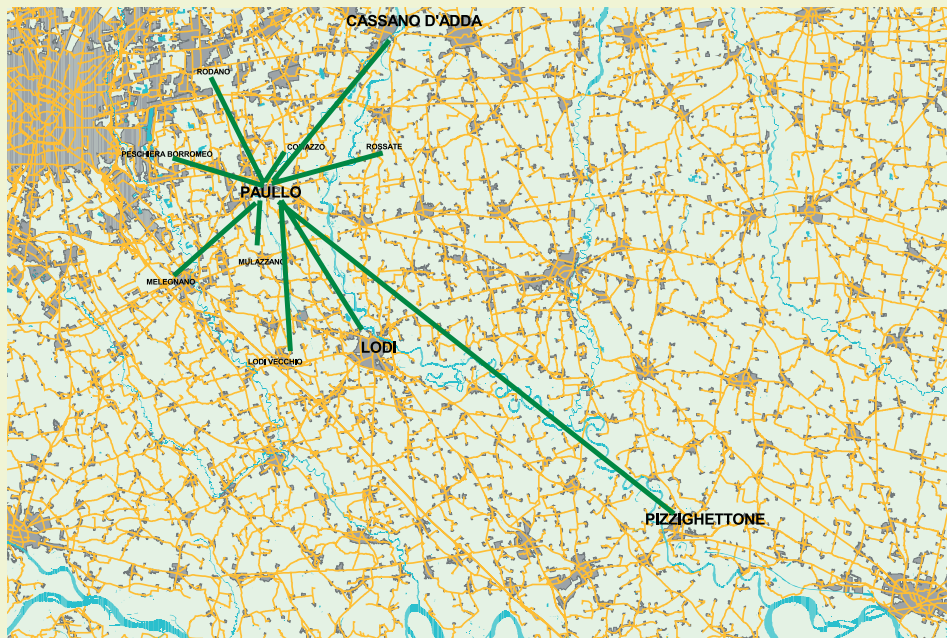
## THE EDITORS



**Daniela Paraboschi** was born in Milan in 1963 and she has lived in Paullo since 1994. She works in Information Technology in a multinational company. In July 2008 she became vice president of the association "Paullo che Pedala-FIAB", of which she is a founding member.



**Ezio Intropido** was born in Milan in 1952 and he has lived in Paullo since 1994. He is a financial analyst in a multinational company. He is president of "Paullo che Pedala-FIAB", of which he is a founding member.



General Map of the routes

## ACKNOWLEDGEMENTS

*This publication was possible thanks to the contribution of the following members of Paullo che Pedala-FIAB: Angela Ferrari, Maria Berloto, Costanza Intropido, Adolfo Livraghi, Roberto Guarnieri, Carlo Signorini, Erminio Zibra, Antonio Ferrarese, Paolo Montemaggi and Claudio Targa.*

## > 10 CYCLING ROUTES FROM PUNTO PARCO CASA DELL'ACQUA IN PAULO \_



▶ 01	The Great Plain Forest of Lodi	Km	42 round trip
▶ 02	Cassano d'Adda and the Borromeo Castle	Km	40 round trip
▶ 03	On the Trail of Bramante: S. Biagio in Rossate	Km	30 round trip
▶ 04	Laus Pompeia and its Saint	Km	45 round trip
▶ 05	The Fontanile Oasis and the Street of the Duke	Km	32 round trip
▶ 06	The Mediceo Castle in Melegnano	Km	30 round trip
▶ 07	Sacred and Profane in "Alto Lodigiano"	Km	25 round trip
▶ 08	The Carengione and the Castle of Peschiera Borromeo	Km	40 round trip
▶ 09	Among Fields and Waters	Km	26 round trip
▶ 10	From Laus Nova to the Walls of Pizzighettone	Km	110 round trip

**English Translator's Note:** The routes are also presented here in English. My translation has been made easier by true friends who have reviewed my work. Special thanks go to *Nigel Jones* for his encouragement, invaluable support and advice. *Daniela Paraboschi*

### WARNING

We decline any responsibility in the event of an accident along the described routes. These are travelled under the full responsibility of the user.







*For those who would like to stop over in Paullo or in its neighbourhoods, in order to try more than just one route, here is a list of recommended venues to refer to:*



**B&B LA CASA DI MARIELLA**

Via Vigorelli 25, Paullo  
Tel. +393402652838, +390290630262

**B&B LE BETULLE**

Via Martiri della Fede 3, Paullo  
Tel. +393387529223, +393383952040  
Bicycles for guests

**B&B CASCINA S.ANTONIO**

Loc. Cascina Sant'Antonio, Paullo  
Tel. +39 0290632350

**LOCANDA CORTE GRANDE**

Via Umberto I, 2/4, Tribiano  
Tel.: +39 0290636090  
Bicycles for guests



**OSTERIA DEL BUON SENSO**

Via San Pedrino 1, Paullo  
Tel. +39 0290634651

**RISTORANTE PAUSA PRANZO**

Via Del Carso 39, Paullo  
Tel. +39 0290638291

**RISTORANTE ENOTECA TOTI**

Via Matteotti 37, Paullo  
Tel. +39 029064614

**RISTORANTE LA MANGIATOIA**

C.na Bentivoglio, Paullo  
Tel: +39 0290633339

**PIZZERIA “A PIZZA”**

Via Dante 38, Paullo  
Tel. +39 0290633030

**PIZZERIA LA FAVOLA**

Via Togliatti 6/8, Paullo  
Tel. +39 0290633866



**PUNTO PARCO CASA  
DELL'ACQUA**

**Parco Agricolo Sud Milano**

Via Michelangelo Buonarroti, 6 - Paullo (MI)

Tel: +39 0371.420189

Consorzio Bonifica

Muzza Bassa Lodigiana:

<http://http://www.muzza.it>

[puntoparco.acqua@provincia.mi.it](mailto:puntoparco.acqua@provincia.mi.it)

The activities of Punto Parco Casa dell'Acqua include: Promoting initiatives aimed at the knowledge of the territorial hydrographical network, exploiting and valuing the structures that are available at the hydraulic junction in Paullo.

Organizing guided tours, both by bicycle and on foot, along the towpath of the Muzza Canal, in order to promote the bicycle as alternative means of transport for the fruition of the territory, with educational stops and tasting of local products.

Collaborating with local agencies and associations, in order to foster exchange of information and technical material, meetings and training courses.

**Paullo che Pedala - FIAB**  
ECO-BIKING ASSOCIATION FOR THE PROMOTION OF CYCLING

Head-office: Via S.Pedrino 43, 20067 Paullo  
Tel: 349 8502064

<http://www.paullochepedala.it>  
[info@paullochepedala.it](mailto:info@paullochepedala.it)

To Gigi Riccardi







# cycling between Lodi and Milan

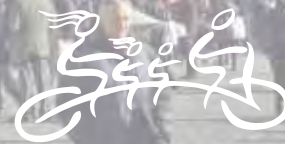
ROUTE

1

## THE GREAT PLAIN FOREST OF LODI

Route is of average grade from Punto Parco Casa dell'Acqua in Paullo to the Plain Forest beneath the escarpment carved by the Adda river, south-east of Lodi.

This urban forest is 40 hectares large. Its creation is part of a programme of Regione Lombardia, aiming to create "Ten great plain forests" in the region.



## > ROUTE 1 \_



### TECHNICAL SHEET

Starting and finishing point: Paullo

Distance: 42km round trip

Total ascent: negligible

Grade: average

Road surface: 50% dirt road 50% asphalt,  
mainly along bicycle paths

Recommended type of bike: road or hybrid

### WATER SOURCES ALONG THE ROUTE

Drinking fountains:

Arcagna: next to the votive kiosk in  
Arcagna

Montanaso: at the end of Via Garibaldi

Galgagnano: town park in Piazza della  
Libertà

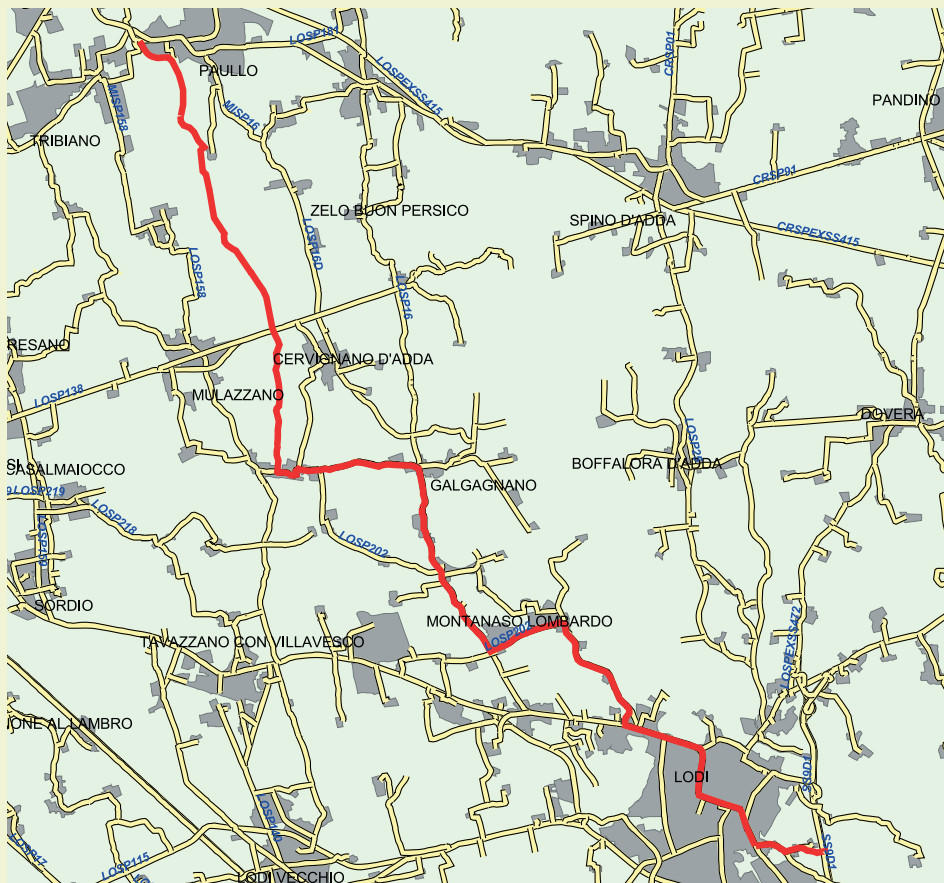
### REST STOPS

Quartiano: near the park in Via 4  
Novembre

### MECHANICAL ASSISTANCE

Bicycle shop "F.lli Denti" Via Turati, Paullo  
(closed on Sundays)

Cicli Diliè, piazzale Fiume, Lodi  
(open also on Sunday morning)





*Rest area at the Plain Forest*

## DIRECTIONS

- From the Casa dell'Acqua in Paullo take the left towpath of Muzza Canal going downstream.
- Cross the bridge over the Muzza, near Cascina Villambriera and turn left at the end of the bridge into the right towpath.
- Cycle ahead passing the waterfall and the small power plant Bolenzana as far as Quartiano, where the towpath stops.
- Cross the pedestrian/cycling bridge on the left and go ahead along Via 4 Novembre as far as Galgagnano.
- In Galgagnano cross the provincial street

SP16, turn right and resume the bicycle path.

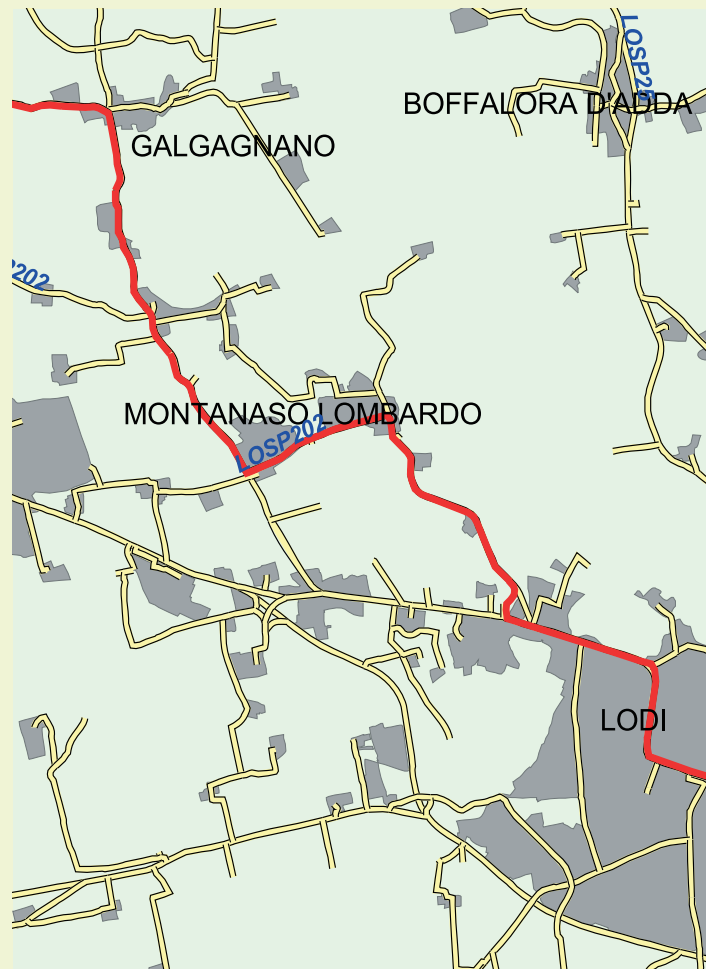
- Pass the villages Bellaria, Arcagna and the Belgiardino Canal and cycle ahead along the bicycle path as far as the junction between the SP16 and the road to Montanaso.
- At this point turn left into Via Garibaldi and then at the end of the street turn right downhill along the provincial street SP202 towards Lodi.
- At the large roundabout in Lodi, turn left, cross the street and the car park of the supermarket "Lidl", then cross Via Milano at the traffic lights and proceed on the left along the bicycle path (on the right side of the road).
- As far as the next roundabout, turn right in

Viale Dalmazia, holding the left side where the bicycle path runs alongside of the Isola Carolina Park. At the next roundabout turn left into Via Dell'Acquedotto, crossing Via D. Alighieri and taking Viale 4 Novembre (which has a bicycle path on the left side).

- Cycle straight ahead into Viale Agnelli (bicycle path along the left lane). At Porta Crema turn right again into Corso Mazzini and then left into Via Friuli and proceed as far as Cascina Coldana, where a dirt road leads to an overpass crossing the Tangenziale of Lodi and leading to the Plain Forest of Lodi. Travel back along the same route reversing these instructions.



Paullo - Galgagnano



Galgagnano - Lodi





*Nature trail in Parco Adda Sud*



*Picturesque view along the way*

## POINTS OF INTEREST

**Lodi:** The town of Lodi offers many sites of special interest. Among others, the following are worth mentioning:

- Piazza della Vittoria and Piazza del Mercato
- Piazza Castello and the Castello Visconteo overlooking it
- The Romanic Duomo, the most ancient and most important monument in Lodi
- The Tempio Civico dell'Incoronata is an absolute must as it is a masterpiece of the Lombard Renaissance, and it represents the

most prestigious monument of the town. The Great Plain Forest. Established in 2002 by the Province of Lodi, with the support of Regione Lombardia. The objective of the Plain Forest is to create a friendly environment for all the native plants and animals of the region. Its aim is also to provide visitors with evidence of the typical countryside landscape that once characterized the urban neighbourhoods. Today the Plain Forest of Lodi represents one of the most important natural ecosystems of the Province of Lodi.

## DID YOU KNOW?

Lodi is the only Italian town to have a bust representing Frederick Redbeard, historical enemy of the communal liberties, and yet worshipped as the founding father by the Lodigiani. The bust of the German emperor can be seen on the right side of the Municipal Palace.



**B&B LA CASA DI OLIVER**

Via Defendente 60, Lodi

Tel. +39.0371.411.777

e-mail: [info@lacasadioliver.it](mailto:info@lacasadioliver.it)



**BAR PONTE MUZZA**

Via 4 Novembre 50, Quartiano

(closed on Sundays)


**RISTORANTE LA COLDANA**

Via Privata del Costino, Lodi

Tel +39 0371431742,

e-mail: [ristorante@lacoldana.it](mailto:ristorante@lacoldana.it)





# cycling between Lodi and Milan

ROUTE

# 2

## **CASSANO D'ADDA AND THE BORROMEO CASTLE**

This beautiful cycling route is of average grade. It crosses the amazing countryside along the Muzza Canal north of Paullo, with many picturesque outlooks and places of historical interest, from Punto Parco Casa dell'Acqua in Paullo to the Borromeo Castle in Cassano d'Adda. The route, entirely along the Muzza Greenway, is like a ribbon along the historical canal that starts at the foot of the Castle.



## > ROUTE 2 \_



### TECHNICAL SHEET

**Starting and finishing point:** Paullo

**Distance:** 40km round trip

**Total ascent:** negligible

**Grade:** average

**Road surface:** 75% dirt road 25% asphalt, along secondary roads with little traffic. In the stretch along the Muzza towpath, it is recommended to keep the children on the outer side, with adults alongside them, since there are some dangerous points with no fence.

**Recommended type of bike:** road or hybrid

### WATER SOURCES

**Drinking fountains:**

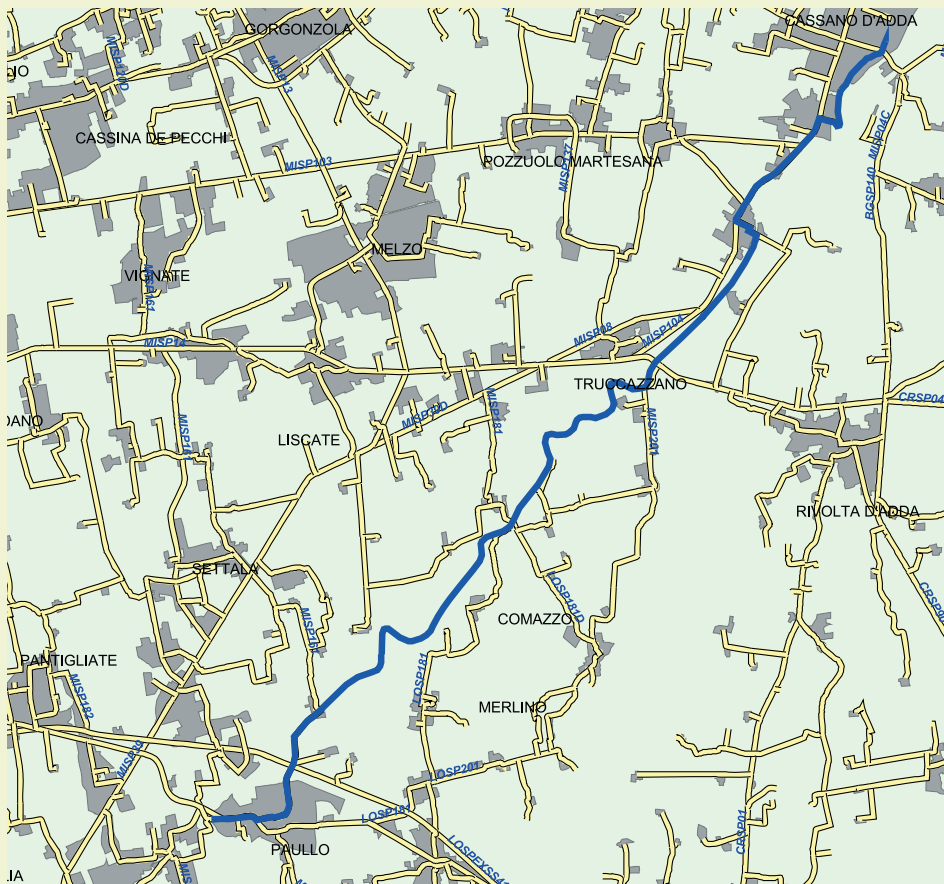
**Paullo:** at the beginning of the route, at the Parco San Tarcisio (Via Manzoni)

### REST STOPS

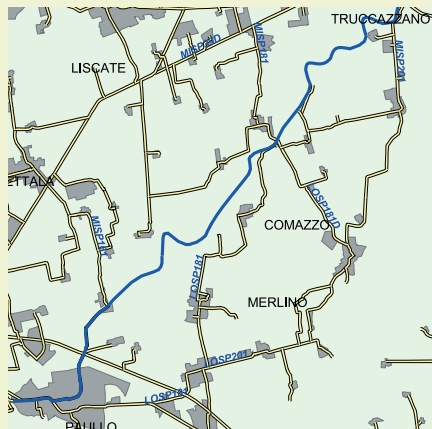
**Cassano d'Adda:** Recreational Centre "Dopolavoro Senatore Borletti" Via Pila

### MECHANICAL ASSISTANCE

Bicycle shop "F.lli Denti" Via Turati, Paullo (closed on Sundays)







First stretch: Paullo – Truccazzano



The Muzza little past Conterico



Cascina Villambra in Paullo



Second stretch: Truccazzano - Cassano

## DIRECTIONS

- From the Casa dell'Acqua in Paullo ride along Via Buonarroti towards the centre of Paullo and take Via Milano (mind the motorized traffic!); cycle ahead along this street as far as the junction with Via Manzoni on the left-hand side. Turn left into Via Manzoni.

Travel the whole street (approx 1.300 metres) reaching the junction with national road "Paullese" (SS415). Ride past

the traffic lights towards Conterico.

- Follow the paved road as far as the hamlet of Conterico. Before the bridge (don't cross it!) take the towpath on the right-hand side upstream.
- Ride ahead along the canal until you get to a point near the hamlet of Lavagna, where the dirt road ends. Go ahead along the main road SP 102 on the left-hand side for about 100 meters, cross the main road SP 101 and resume the dirt road along the Muzza.

- Keep cycling alongside the canal, leaving on the right-hand side the Cascina Castiona and, when you get to the iron bar of the old lock from which the Codogna irrigation canal is derived, leave the dirt road and follow the main road SP 201 as far as the cemetery of Truccazzano (already visible), where a pedestrian underpass will let you cross the main road SP14 "Rivoltana".



*Spring flowering along the Muzza Canal*



*Cascina Castiona near Corneliano Bertario*

- Leave the cemetery on the right-hand side, cross the small car park and finally resume the towpath along the Muzza Canal on the right-hand side. Travel as far as the built-up area of Albignano, where the dirt road turns into a paved road.

Turn right onto the nice bridge over the canal and enter the built-up area of Albignano. Cover Via del Ponte, turn right into Via delle Ore and then turn left into Via Anguisola. At the roundabout turn right and cover a short stretch along a bicycle path as far as the next roundabout. Here the bicycle path ends and we must proceed along the Provincial Road 104 until we cross the bridge over the railway and ride past the power plant. Soon afterwards we reach the bicycle path and follow it passing over the railway and turning right downhill as far as the Piazzale della Stazione of Cassano d'Adda (with coffee bar and restrooms).

- Proceed on the left and undertake the short slope that leads to Via Rimembranze, a panoramic riverside route characterized by beautiful villas and by a spectacular view over the Muzza. Follow Via Rimembranze until its end. Turn right into Via Verdi to reach the centre of Cassano d'Adda and its Castle.

- After visiting the town, you can ride back to Paullo using the same route in reverse.



*The bridge in Albignano*



## POINTS OF INTEREST

### Albignano:

- Palazzo Anguissola, around which the ancient village developed, creating a network of narrow streets that branch off in a semi-circle, creating a striking picturesque effect.

### Cassano d'Adda:

- Palazzo Berva, a beautiful building of early '700, today it is the municipality head-office.
- Villa Rosales Pallavicini, built in 1600 as a defence bastion, was transformed into a villa in 1700. The garden was inaugurated in 1790. Inside the garden there is a circular fountain and statues with mythological

subjects. Frescoes by the Galliari brothers, the first set designers of the Theatre alla Scala at the time of Maria Theresa of Austria, can be seen in the ball room.

- Villa Borromeo d'Adda, sumptuous residence with a vast courtyard which emphasizes its beautiful setting. Designed by architect Francesco Croce, it was transformed into a neoclassical villa by Piermarini between 1780 and 1785. This villa, surrounded by a large park, can be reserved for meetings and parties and is only visible from outside, along the avenue that crosses the town and leads to the Borromeo Castle.

- Castello Borromeo, symbolic monument of Cassano. It was built around year 1000 and restored in 1400 under Francesco Sforza, duke of Milan, who gave to the architect Bartolomeo Gadio (who also worked at the Duomo di Milano, Castello Sforzesco and Rocca di Soncino) the responsibility to design the most significant and majestic changes to the castle structure. The castle dominates the confluence of the canal of the former Linificio Nazionale and the Adda River, and the starting point of the Muzza Canal. Its powerful bastions overlook the bicycle path that crosses Cassano.



*Castello Borromeo in Cassano d'Adda*



*Villa Rosales Pallavicini*



### DID YOU KNOW?

The Muzza Canal starts in Cassano d'Adda, thanks to an interesting hydraulic device: north from Cassano, the canal of Linificio (linen factory) is derived from the Adda river; in order to feed the ancient spinning mill. One kilometre downstream, a dam feeds the continuation of the natural Adda, while the rest of the water, already identifiable as the Muzza Canal, flows ahead and receives the water from the Linificio. Everything can be observed from the bridge that connects the Castle with the Isola Borromeo.



**AZIENDA  
AGRICOLA  
TAVERNA  
GIOVANNA**  
**Shopping in the Farm**

**Address:** Azienda Agricola TAVERNA  
GIOVANNA Località Molino Molgora  
(strada F.ne Lavagna/Truccazzano), Comazzo

**Phone:** +39 02 9061219

**Produce:** meat of our own farm-raised  
beef. Open times: Sat. 8.00 – 18.00



*The Muzza Canal*



**ALBERGO RISTORANTE ISOLA**

Via Rivolta, Cassano d'Adda

Tel. +39 0363 63533

e-mail: isolalido@tiscali.it



**RISTORANTE ISOLA BORROMEO**

Via Colognesi, Cassano d'Adda

(pedestrian area)

Tel. +39 3357391840, +39 0363360400,

e-mail: ristorante@alboran-coop.it

**RISTORANTE L'ANTICO SAPORE**

Via Monte Nero 16, Truccazzano

Tel. +39 3478577343

**RISTORANTE LE DUE COLONNE**

Largo Anguissola 3, Albignano

Tel. +39 02-9583025

**RISTORANTE ANCORA**

Pizza Garibaldi 17, Cassano d'Adda

Tel. +39 036361571

**RISTORANTE CANTARANA**

Via Cantarana 234, Cassano d'Adda

Tel. +39 036360059

**PIZZERIA VECCHIO FIUME**

Pizza Del Popolo 6, Cassano d'Adda

Tel. +39 036362812



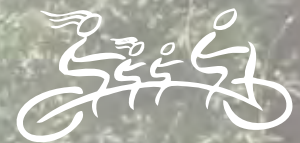
# cycling between Lodi and Milan

ROUTE

# 3

## **ON THE TRAIL OF BRAMANTE: S. BIAGIO IN ROSSATE**

Here is an easy route, suitable for families, very interesting from a cultural and landscape standpoint, along the Muzza Greenway, from Punto Parco Casa dell'Acqua in Paullo to the amazing Bramantesque Oratorio of San Biagio in Rossate.





## TECHNICAL SHEET

**Starting and finishing point:** Paullo

**Distance:** approx 30km round trip

**Total ascent:** negligible

**Grade:** easy

**Road surface:** 90% dirt road along a towpath 10% asphalt, along secondary roads with little traffic. In the stretch along the Muzza towpath, it is recommended to keep the children on the outer side, with adults alongside them, since there are some dangerous points with no fence.

**Recommended type of bike:** road or hybrid

## WATER SOURCES

**Drinking fountains:**

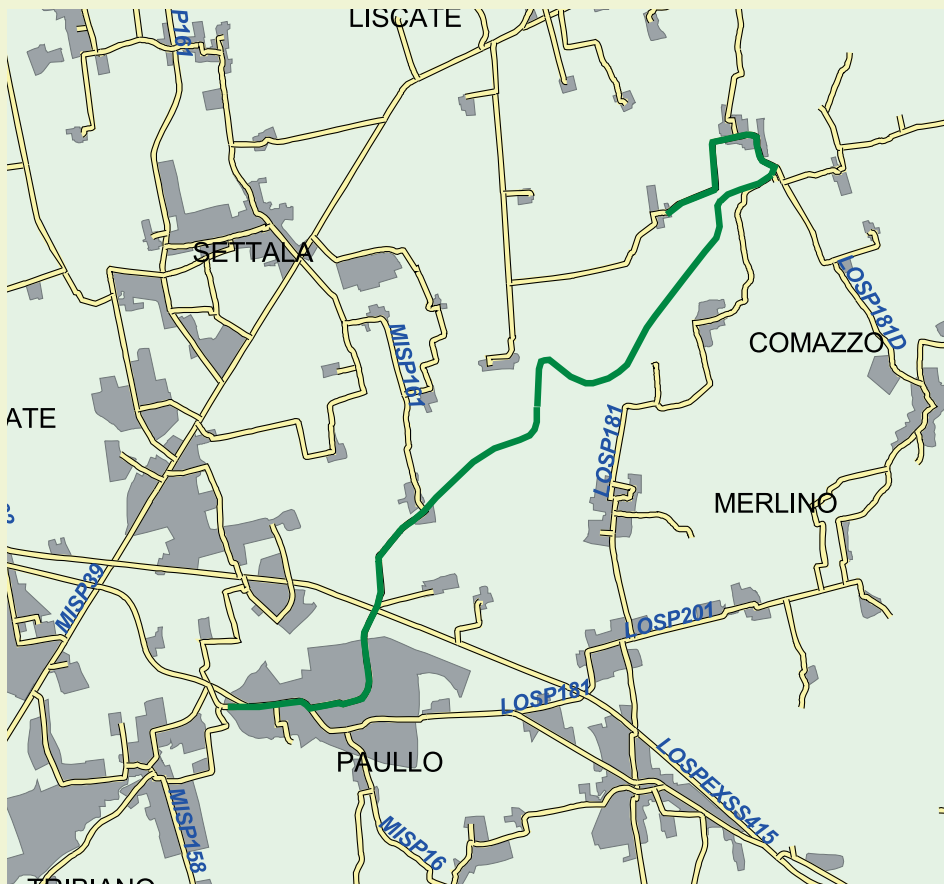
**Paullo:** at the beginning of the route, at the Parco San Tarcisio (Via Manzoni)

## REST STOPS

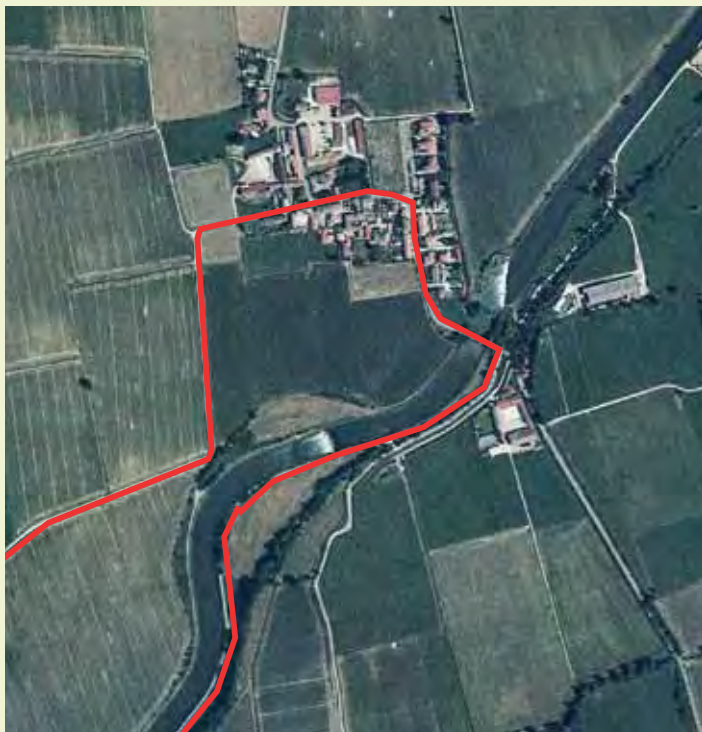
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## MECHANICAL ASSISTANCE

Bicycle shop "Flli Denti" Via Turati, Paullo (closed on Sundays)







*Crossing the Muzza in Lavagna*



*The towpath along the Muzza Canal before Lavagna*

## **DIRECTIONS**

- From Casa dell'Acqua in Paullo ride along Via Buonarroti towards the centre of Paullo and take Via Milano (mind the

motorized traffic!); cycle ahead along this street as far as the junction with Via Manzoni on the left-hand side. Turn left into Via Manzoni.

- Travel the whole street (about 1.300 metres) reaching the crossroads with national road "Paulese" (SS415). Ride past the traffic lights towards Conterico.

- Follow the paved road as far as the hamlet of Conterico.

Before the bridge (don't cross it!) take the towpath on the right-hand side upstream. Ride ahead along the canal until you get to a point near the hamlet of Lavagna, where the dirt road ends.

Go ahead along the main road SP 102 on the left-hand side for about 100 meters.

At the junction with the main road SP 101, turn left onto the bridge and cross the Muzza Canal.

- Enter the hamlet of Lavagna and ride along Via G.Marconi as far as the church of the village.

Ride along the right side of the church and go ahead into a dirt road that leads to the enchanting Oratorio of San Bia-

gio, which stands out enigmatic, like a cameo on a green carpet, in an untouched strip of land in the middle of the Lodigiano plain.

This beautiful building can't fail to impress the viewer.

- Ride back along the same route.



*One of the "falls" along the Muzza course*



*The Muzza under the bridge of Lavagna*





*Oratorio of San Biagio in Rossate*



*Lateral view of San Biagio*



*The Muzza Canal near Lavagna*

## POINTS OF INTEREST

**Comazzo** (hamlet Lavagna, locality Rossate):

- Oratorio of San Biagio built in the sixteenth century. Its simple vision is worth the whole trip. Built in visible red brick, it is a beautiful building, probably designed by an unknown Bramantesque scholar; with its square layout

and an octagonal cupola block. This oratorio, also known as the "Crucifix Church" because of a cross that was kept there and was subject of a particular devotion, is sadly in a condition of total and inexplicable neglect. The church is open all year long, on Saturday and on festive days 14:30 to 17:30.

In general this route is characterized by beautiful views of the Lodigiano countryside.

On sunny days, distant views of the Prealpi Mountains across the Muzza Canal render the landscape striking.



**RISTORANTE PIZZERIA  
L'ARAGOSTINA**

Via Marconi 20, Lavagna  
Tel. +39 02 9061103

**OSTERIA DEL BUON SENSO**

Via San Pedrino 1, Paullo  
Tel. +39 02.90634651



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# cycling between Lodi and Milan

ROUTE

# 4

## **LAUS POMPEIA AND ITS SAINT**

This is an easy cycling route, affordable to everyone who is accustomed to staying on a bicycle saddle, from Punto Parco Casa dell'Acqua in Paullo, partly along the Muzza Greenway, to the magnificent Basilica of San Bassiano in Lodi Vecchio, the ancient Laus Pompeia.





## TECHNICAL SHEET

**Starting and finishing point:** Paullo

**Distance:** approx 40km round trip

**Total ascent:** negligible

**Grade:** easy

**Road surface:** completely flat and almost entirely on asphalt (except the stretch between the end of Via del Cimitero and the junction with Via del Sandone in Lodi, a total of 700 meters). The route runs mainly along bicycle paths, with three exceptions:

1. the crossing of Paullo, which is along a busy road
2. a 150 metres stretch starting from the end of the bicycle path Zelo BP – Lodi and ending on the National Road Via Emilia, where we ride along another busy road
3. a 1 km stretch along secondary roads between San Grato and Lodi.

**Recommended type of bike:** road or hybrid

## WATER SOURCES

**Drinking fountains:**

**Paullo:** Parco San Tarcisio, Via Manzoni

**Villa Pompeiana:** rest area Parco Sud

**Arcagna:** votive kiosk of the "Madonna del Gabon"

**Lodi San Grato:** immediately before the junction between the provincial street SP16 and the national road Via Emilia

## REST STOPS

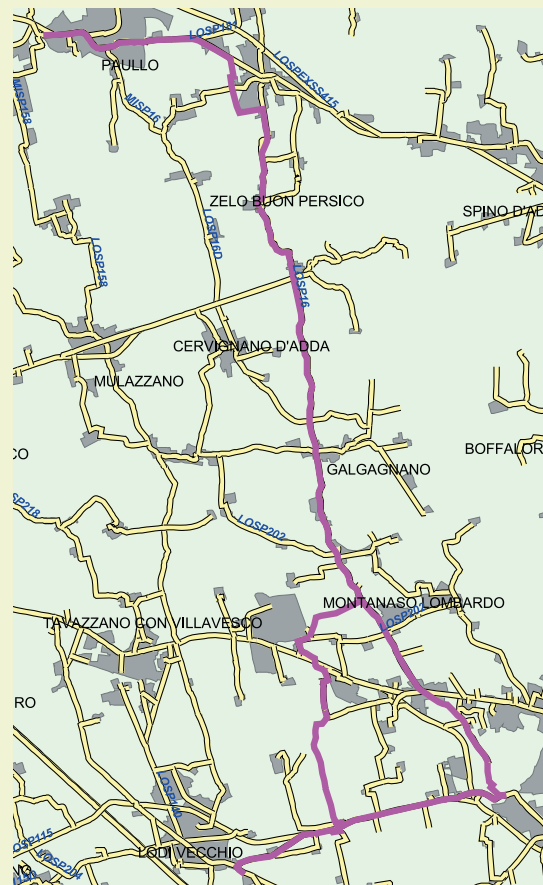
**Villa Pompeiana:** rest area near the Punto Parco Add Sud

**Tavazzano:** rest area in locality "Le Zelasche" little past Tavazzano

**Lodi:** rest area near the bridge over the Muzza between Lodi and Lodi Vecchio

## MECHANICAL ASSISTANCE

Bicycle shop "Flli Denti" Via Turati, Paullo (closed on Sundays)







*Cascina Muzzetta with its beautiful portico façade.*



*The Santuario of Arcagna*



*Remains of the ancient Lake Gerundo*

## **DIRECTIONS**

- From the Casa dell'Acqua in Paullo ride along Via Buonarroti towards the centre of Paullo and take Via Milano (mind the motorized traffic!). Go to the end of Via Milano and then proceed straight ahead along Via Pasubio towards Zelo Buon Persico. Past the

cemetery of Paullo, take the bicycle path Paullo-Zelo on the right-hand side and follow it as far as the third roundabout, where we turn right into Viale Europa in the direction of Lodi (3 Km). Ride along Viale Europa and proceed along Via Risorgimento as far as the roundabout where the bicycle path

towards Montanaso and Lodi starts on the right-hand side, along the main road SP16.

- Proceeding towards the hamlet of Mignete, a very short detour (1km) leads to the ancient rural village of Casolate. Ride back to the bicycle path along the SP16, and proceed as far as the hamlet of Mignete,



where the bicycle path stops. Keep to the right, leaving the SP16 on the left, and proceed through the village.

- At the end of the village a grade separation on the left-hand side will let you cross the SP16 and resume the bicycle path that at this point runs on the left side of the road and beside the remains of the ancient Lake Gerundo, now almost entirely drained away.
- Cross the rest area near the Punto Parco

Adda Sud and reach the roundabout in Villa Pompeiana (about km 7.5). At this point, those who are willing to make an interesting detour may visit the nearby Parco Ittico Paradiso (park with lakes stocked with various species of fish).

- Our route instead goes on along the bicycle path, crosses Galgagnano and Bellaria and leads to the roundabout in Arcagna, where we could make another nice diversion (on the left) to visit the Santuario della Madonna Assunta,

which is only a few hundreds metres distant from the bicycle path.

Proceed along the bicycle path towards Lodi, passing near the famous “Gabon” (age-old elm, with nearby rest area and drinking fountain), cross the Belgiardino canal over a wooden bridge, leaving the village of Montanaso on the left and reaching the village of San Grato, hamlet of Lodi (drinking fountain on the right) where the fenced bicycle path ends.



*Rest area near the Punto Parco Adda Sud in Villa Pompeiana*



*Crossing of Viale Milano (National Road SS Emilia) in San Grato*



*The bridge before Lodi Vecchio*



*The Muzza little past the "Napoleon" bridge*

- Reach the traffic lights at the junction with old Via Emilia now Via Milano (km 14.5) and cross it. Take Via Cavalieri di Vittorio Veneto and continue until the junction with Via del Cimitero is reached. Here turn right and proceed straight ahead, taking the dirt road that through a grade separation crosses the railway Milano-Roma and ends at the junction with Via del Sandone (locality San Fereolo), with a short slope.
- Here turn right (NB!!! This is a one-way road for cars only, but bicycles may proceed

in the wrong way) and after passing under the ring road Tangenziale Sud of Lodi, cross the roundabout and take the bicycle path towards Lodi Vecchio (about km 16).

- Attention please!!! When crossing the Muzza Canal, the bicycle path runs under the bridge of the main road SP115 and overpasses the canal across the old bridge (see picture).

- At the beginning of the bridge follow the bicycle path downhill on the left-hand side of the bridge, turn right sharply and ride

under the bridge, then uphill and then left into the old bridge. Past the bridge, turn sharply left along the towpath. Ride again under the bridge along the SP115 and then turn right to reach a paved road. Here we turn right and follow it as far as we can resume our bicycle path along the main road SP115. Ride straight ahead as far as the farmstead Cascina Lavagna, where we ride into the old road that leads directly to the Basilica di San Bassiano, at this point already visible in the distance (Km 22 approx).

- Ride back to Paullo along the same route, reversing these instructions.

As an alternative we can make it about 5 km shorter, with the following diversion, along the Muzza Canal first, and then along the Belgiardino Canal.

- Ride along the bicycle path backwards as far as the bridge over the Muzza Canal. Ride down to the Canal and follow the di-

rections towards “Le Zelasche”, riding along the canal itself.

- Pass under the grade separation across the railway (be careful! In case of rain there might be large puddles), cross the Muzza Canal and, past an old collapsed church, turn left, always following the directions towards “Le Zelasche”.

- Near the farmstead Cascina Zelasche

turn right and then left into the paved road that leads to an overpass that crosses the national road SS9 “Via Emilia”. At the end of the slope downhill, turn right into the road that leads to the Power Plant of Tavazzano, and when you reach its cooling canal (Belgiardino Canal) turn right and follow it.



Locality “Le Zelasche”





A: Crossing National Road SS9 - B: Junction between the two routes

• Ride along the canal until you reach the main road that connects Lodi with Zelo Buon Persico (SP16). Cross it and

turn left towards the pedestrian bridge. At this point we have resumed the original route and we are riding back to

Paullo. Proceed until you get to the Casa dell'Acqua.

## POINTS OF INTEREST

### Zelo Buon Persico:

- Ice-house of early XIX century. From Piazza Italia, turn into Via Lombardia. After a few metres you will reach the remains of an ancient ice-house (now in total neglect), one of the last examples of rural architecture of this kind in our territory. Formerly owned by the Real-Estate Agency of the Ospedale Maggiore, the building is characterized by the spherical cap made of cotto bricks.

### Casolate:

- Ancient rural village, first quoted in a document of 1147, today has only 15 inhabitants. In 1488 the duke of Milan Francesco Sforza established his headquarter in Casolate, during the war against the Republic of Venice.

### Mignete:

- Oratorio S. Michele: small church dating back to XII century, now transformed into a Punto Parco Adda Sud. Rest area with a playground for children.

### Arcagna:

- Santuario della Madonna Assunta
- "Gabon" (age-old elm with nearby votive kiosk)

### Lodi Vecchio:

- The Basilica of San Bassiano, dating back to year 300, is the only building that survived the destruction perpetrated by the Milan army in 1158. San Bassiano (Saint Bassian) is the patron saint of Lodi.



*The Muzza between Paullo and Quartiano*



### DID YOU KNOW?

The ancient name of Lodi Vecchio was Laus Pompeia, to honour Gneo Pompeo Strabone, father of Pompeo Magno.

In 1111 the military troops of Milan, besieged the town and razed it to the ground. In 1158 the Milanese burned the remains of the town and Laus was completely destroyed. In 1158 emperor Frederick Redbeard decided to re-build Laus a few kilometres farther, on the top of Colle Eghezzone and founded the new town: Laus Nova, today called Lodi.



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*Lodi Vecchio: Basilica of San Bassiano*



### **TRATTORIA GIUPPONI**

Via Lodi 13, Zelo Buon Persico  
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### **TRATTORIA WILLIAM'S**

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Tel: +39 029065013

### **TRATTORIA DA RENATO**

Via Dante, Zelo Buon Persico  
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### **BAR BIANCHI**

Via Monzasca 2, Galgagnano  
Tel +39 037168371  
(open also on Sundays)





# cycling between Lodi and Milan

ROUTE

# 5

## THE FONTANILE OASIS AND THE STREET OF THE DUKE

Easy cycling route, suitable for families, with many nature and landscape attractions, from Punto Parco Casa dell'Acqua in Paullo to the town park "Oasi del Fontanile" in Pantigliate, along the wonderful Street of the Duke between Rodano and Pantigliate.



## > ROUTE 5 \_



### TECHNICAL SHEET

Starting and finishing point: Paullo

Distance: approx 30km round trip

Total ascent: negligible

Grade: easy

Road surface: 15% dirt road, well kept, 85% asphalt, along bicycle paths and secondary roads. Avoid main road SP161 in rush hours.

Recommended type of bike: road or hybrid

### WATER SOURCES

Drinking fountains:

**Paullo:** at the beginning of the route, at the Parco San Tarcisio

**Pantigliate:** at the Oasi del Fontanile

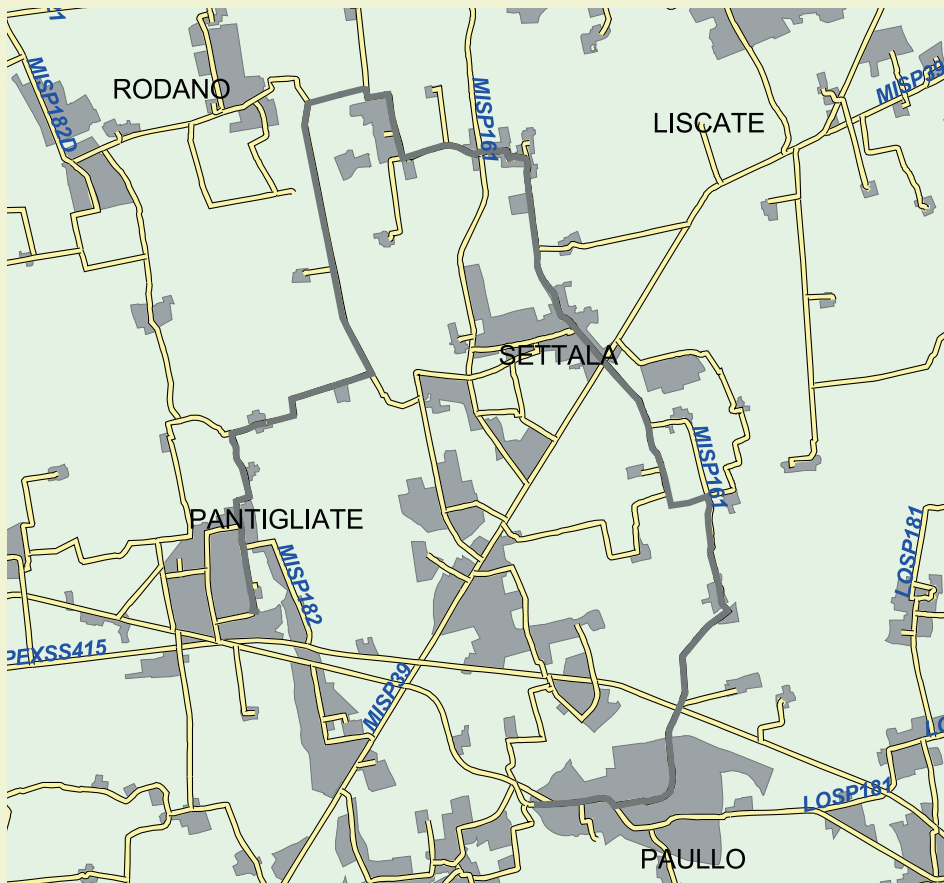
**Lucino hamlet of Rodano:** in the playground beside the Museum of Lambretta

### REST STOPS

**Premenugo:** town park

### MECHANICAL ASSISTANCE

Bicycle shop "Flli Denti" Via Turati, Paullo  
(closed on Sundays)







The bridge over the Muzza Canal in Conterico



Casa dell'Acqua in Paullo

## DIRECTIONS

- From the Casa dell'Acqua in Paullo ride along Via Buonarroti towards the centre of Paullo and take Via Milano (mind the motorized traffic!); cycle ahead along this street as far as the crossroads with Via Manzoni on the left-hand side. Turn left into Via Manzoni. Cover the whole street (about 1.300 metres) reaching the junction with national road "Paulese" (SS415). Ride past the traffic lights towards Conterico.

- Follow the paved road as far as the hamlet of Conterico and cross the bridge over the Muzza Canal. Proceed along the main road SP 161, paying attention to the motorised traffic, even though it is negligible. Near the Cascina Cassinetta there are some fields that deserve a visit, as they are still cultivated with the "*marcita*" technique, turn left into a dirt road, leaving the main road for a while.

## DID YOU KNOW?

The "*marcita*" (water meadow) is an agricultural technique typical of the Pianura Padana that consists of irrigating the fields with the water pouring off from the "*fontanili*" (or "*risorgive*") all year round. *Fontanili* are typical water springs, where the ground water surfaces and spills out across the fields. The water streaming out of the *fontanili*, which has an average temperature of about 10°C, is channelled in a way that lets it overflow and cover the fields, in order to prevent them freezing, and thus allowing as many as nine forage cuts per year.



- Follow the dirt road, which first curves right and then leads to the paved country road “Conterico” and then ride ahead as far as you reach the paved main road that we left near Cascina Cassinetta.
- A few hundreds meters, and we get to the traffic lights that mark the junction with main road SP39 “Cerca”. Cross the junction and enter the built-up area of Settala. Cover Via Trento, Via Roma and Via Campo Sportivo (where the bicycle path runs upon the sidewalk) and reach the hamlet

of Premenugo, with its vast and well-equipped town park.

- Turn left into Via Piave and, past the Church, turn right into Via Milano, and follow it as far as the roundabout, where we cross Viale delle Industrie and its heavy traffic flow.
- Proceed straight ahead along the main road “former SP161” in the direction of Lucino. After 300 metres, on the right curve, a small hand-written signpost indicated an interesting and not-to-be-missed detour to

the Punto Parco Cascina Castello, fortified farmstead of the XV century.

- Once back on the main road, a series of curves leads to a T-junction. Follow the directions to Lucino.
- When the road curves right towards the built-up area, leave it and turn left onto a dirt road with a border of trees along the path. We are pedalling along the beautiful Street of the Duke, between two never-ending rows of trees, side by side with the Natural Reserve Sorgenti della Muzzetta.



*A small signpost indicates the Museum in Cascina Castello.*



*In the background: Cascina Castello with its battlements*



*The curve along the main road, where the Street of the Duke starts*



*The Punto Parco Cascina Castello (XV sec.)*



*Some of the tools which can be seen at the rural museum in Cascina Castello.*

- Proceed leaving on your left side the entrance of the Natural Reserve and ride ahead as far as a crossing. Turn right and reach Cascina Crosina. Cross the lovely group of farmsteads (Crosina and Rover-

bella) and reach once again a paved road (Via D'Annunzio), turn left and enter into Pantigliate.

- Ride into Via G. Marconi just in front of us. Between Via Gramsci and Via San Mar-

tino you will find the directions to the Oasi del Fontanile.

- Ride back to Paullo along the same route.

## POINTS OF INTEREST

### Settala:

- Punto Parco Cascina Castello, rural building still active. It is the head-office of the Ethnographic Centre of Rural Arts and Traditions.

### Rodano:

- Botanical Centre of Casa Gola, structure with educational and scientific purposes in the botanical field. Casa Gola is in the main square in the hamlet of Lucino, facing the Rodano town hall. Piazza 4 Novembre, Tel. +39 02 88463289
- Museum of the Scooter and of Lambretta, the only one of its kind in Europe, a unique and valuable collection with 110 scooter models from all over the world, representing the scooter production of the world's most industrialized countries. Via Turati 7, Tel. +39 02 95320438 (<http://www.museoscooter.it/>)

### Rodano and Settala:

- Regional Reserve Sorgenti della Muzzetta is an EU-registered site of environmental interest, with the largest "fontanile" in the Provincia di Milano, formed by three fountainheads fed by several water springs. The reserve can be visited contacting Domenico Barboni (+390295320106, [domenico.barboni@tele2.it](mailto:domenico.barboni@tele2.it)) or ADM (+390288463337, [info@assodidatticamuseale.it](mailto:info@assodidatticamuseale.it)).



*Cascina Castello's enclosed court*

### DID YOU KNOW?

For those who love animals and nature, the Oasi del Fontanile well deserves a visit: horses, donkeys, geese, ducks, swans, deer, ostriches and more...

Do you know what the purpose of the rectangular pool in the middle of the Oasis originally was? Ask the volunteers...





**PUNTO PARCO  
CASCINA CASTELLO  
Parco Agricolo Sud Milano**

Via Cascina Castello, Settala (MI)  
+39 02 95320002

**Contact:**

Associazione culturale "il fontanile"  
ilfontanile1@virgilio.it

The main building of the farmstead Cascina Castello is the head-office of the Ethnographic Centre of Rural Arts and Traditions. The building dates back to 1300 and is characterized by a small palace with a portico on the ground floor; with pointed arches supported by stone columns surmounted by original capitals. In 1800 the feather battlements were added.

Cascina Castello as a farmstead is still active and productive. The museum, with its collection of tools and objects of the rural traditions, is one of the most interesting in Lombardy.



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*Train Bar in Lucino*



*Some "guests" of the Oasis' zoo*





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(hamlet Cassignanica)

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### **BAR VITALI**

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### **BAR IL TRENINO**

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Tel. +39 3491843517



# cycling between Lodi and Milan

ROUTE

# 6

## THE MEDICEO CASTLE IN MELEGNANO

Easy cycling route suitable for families, with many historical and landscape interest points, from Punto Parco Casa dell'Acqua in Paullo to the Mediceo Castle in Melegnano.





## TECHNICAL SHEET

**Starting and finishing point:** Paullo

**Distance:** approx 30km round trip

**Total ascent:** negligible

**Grade:** easy

**Road surface:** 50% dirt road, 50% asphalt, along bicycle paths and secondary roads (as far as Melegnano, where we will cover a very short stretch along the national road "Via Emilia", mainly along a sidewalk).

**Recommended type of bike:** road or hybrid

## WATER SOURCES

**Drinking fountains:**

**Tribiano:** in the courtyard of the Municipal House.

## REST STOPS

**Mulazzano:** town park, Viale dei Platani

**Vizzolo Predabissi:** rest area with bar at the crossroads between Via Pandina and Via Verdi

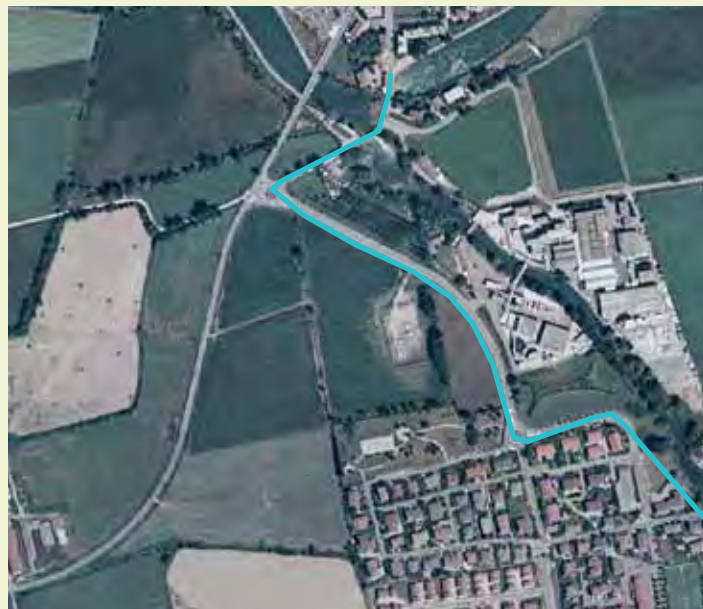
## MECHANICAL ASSISTANCE

Bicycle shop "F.lli Denti" Via Turati, Paullo (closed on Sundays).





*Oven in cotto bricks in Lanzano*



*From Paullo to Tribiano*

## **DIRECTIONS**

- With the Casa dell'Acqua di Paullo behind you, turn right and take Via Buonarroti. Attention please! This is a one-way road and we must walk pushing our bikes. Past 200 metres, at the end of Via Buonarroti, take the bicycle path on the left, towards Tribiano.

- Proceed along the bicycle path almost as far as the end of Via Edison, where the bicycle path turns left leaving Via Edison on the right. Travel ahead along this path, alongside the Addetta Canal and into Viale Piave, until you reach the junction between the road you are on and Via Umberto I. Turn left and cross the pedestrian

bridge on your left (remains of a fortified grange on the left).

- Past the bridge, turn right into Via 24 Maggio and cover it until you find the starting point of the bicycle path on the left-hand side of the road, which leads to the Municipal building of Tribiano.



- Cycle ahead past the municipal building and turn left into the municipal road SC704 in the direction of the hamlets of San Barbaziano and Lanzano, which we cross along Via Roma. Proceed along the municipal road SC704. Cycle ahead past an ancient bread oven standing on the right-hand side of the road

and proceed along the narrow paved road we are on, pedalling among irrigation ditches and dykes. Leave on your right the ancient farmstead Tenuta Virolo and reach the outskirts of Mulazzano.

- Enter the village and turn right at the first traffic lights, into Via dei Platani. At the second

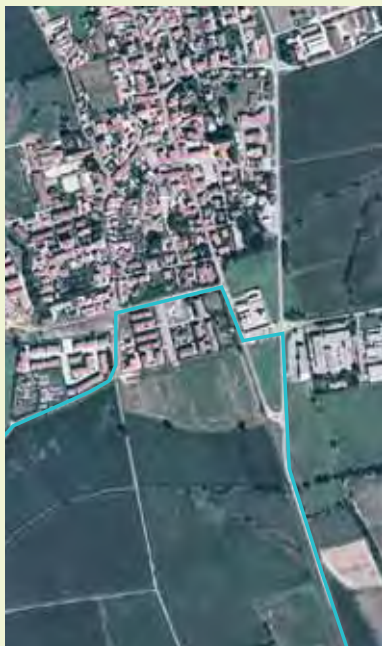
crossroads turn right again into Via Pandina. Travel past the cemetery, turn into its car park and cross it to come out on the Pandina Bicycle Path, which we will follow turning right in the direction of Dresano and Vizzolo Predabissi.



*Tribiano: fortified rural building (XIV century)*



*Municipal Road SC704 with the Tenuta Virolo in the background*



*The small church of S. Antonio Abate*



*Santa Maria in Calvenzano (Vizzolo)*

• The beautiful bicycle path stretches out straight ahead in front of us and will lead us as far as the locality Madonnina-Villaggio Ambrosiano, which we cross to proceed in the direction of Vizzolo and Melegnano. At the traffic lights in Vizzolo (don't miss visiting the ancient farmstead Cascina Sarmazzano with a short detour on the right, see also points of in-

terest below) the bicycle path continues on the left hand side of the road, where another interesting detour leads to the Church of Santa Maria (see points of interest below). Proceed leaving the Hospital of your left and reach the roundabout that connects the Via Pandina with the provincial road Cerca in Melegnano.

• Cross the junction at the traffic lights (don't

forget to press the button!), take Via Turati and turn right along the national road SS9 "Via Emilia", one of busiest roads in Italy. Don't panic! Only 100 metres to go and we will resume the bicycle path and follow it for approx another 100 metres stretch, as far as the traffic light near the cemetery, where we cross the SS9 and enter Melegnano along Via Battisti and Via Dezza.

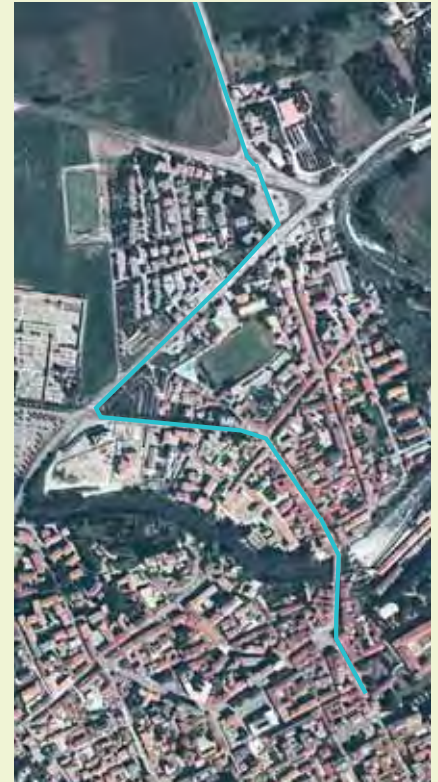
- Follow Via Dezza as far as the bridge over the Lambro River and reach the crossroads before the church, where we

turn left into Via Conciliazione. Few metres to go and you'll see the massive profile of the Mediceo Castle.

- Travel back along the same route, reversing these instructions.



*Piazza della Vittoria with the Castle in the background (Melegnano)*



*Melegnano*



## POINTS OF INTEREST

### Melegnano:

- **Castello Mediceo**; built in 1243 by the Podestà of Milano, Cattellano Carbone, the castle of Melegnano is one of the most significant monuments of Lombardy's late Middle Age. It belonged to several commanders (Bernabò Visconti, Francesco Sforza, Gian Giacomo De' Medici) who left their mark with different structural changes. Beautiful frescoes dating back to '500 decorate the magnificent function rooms.
- **Parco delle Noci**: former dumping ground and railway construction site, today this park is an urban oasis approx 40.000 m<sup>2</sup> large. Visits can be booked calling the WWF Sud Milanese (tel. +39 02 5230386).
- **Oasis of Montorfano**: this equipped urban oasis was designed as a site of naturalization to face urban decay of an area at the confluence between the Lambro River and the Vettabbia Canal. This project includes the recreation of a typical forest environment. The **WWF Sud Milanese** leads guided tours. Tel. +39 02 5230386.



*Mediceo Castle*



### Vizzolo Predabissi:

- Cascina Sarmazzano, fortified farmstead with nearby small church with a classical façade, dedicated to St. Anthony, protector of cattle farmers and healer. This building was built in late '800 on the remains of an older oratorio, dedicated to Saints Gervasio and Protasio.
- Church of Santa Maria in Calvenzano. Extremely beautiful Romanic building, with a late 1400 façade and an ancient medieval portal carved with scenes of the Virgin Mary's life and Jesus' childhood.

#### **DID YOU KNOW?**

As the patron saint of the cattle farmers, in Lombardy St. Anthony was called "St. Anthony of the Pigs". In fact he is often represented with a pig. Look at the façade of the small church in Sarmazzano to prove it!

St. Anthony is celebrated on Jan 17th, with large bonfires which have a purifying and fertilizing meaning and mark the transition from the dark winter days to spring.



*One of the magnificent rooms of the Mediceo Castle*



**PUNTO PARCO  
ROCCA BRIVIO**  
**Parco Agricolo Sud Milano**

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The Punto Parco Rocca Brivio has a cultural vocation, mainly due to its prestigious location. Being a cultural centre means raising the attention on the relationship between man and the territory he lives in: the plain around the Rocca is a treasure chest of monuments and manufactures that tell us our history and the history of our landscape. The Punto Parco Polo Culturale Rocca Brivio offers: initiatives to discover the territory, activities to enjoy nature, other projects to know the culture of this territory and the Parco Agricolo Sud Milano, exhibitions, conferences and guided tours.



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**Contact :**

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**Contatti:**

[tenutavirolo@tiscali.it](mailto:tenutavirolo@tiscali.it)

The Virolo estate has ancient origins and is composed by a large group of buildings (it was first mentioned in the cadastre Teresiano with a cow shed, farmhouse, cheese factory and shed) and its 140 hectares of arable land all around it. Today to the traditional farming activity (low environmental impact cultivation of cereals, fruit and vegetables) alongside the cultivation of hard wood, didactic activity and the direct sale of own produce. Virolo is particularly suitable for schools rural tourism and any recreational activity such as walks, bird watching or naturalistic photography. The farmstead has been restored and it can accommodate banquets, conventions, or rural parties.



**B&B B&G**

Via Piave 19, Melegnano  
Tel. +39 02 9832017  
<http://www.bb-gg.net/>



**PASTICCERIA&CAFFETTERIA SIL-  
VIA**

Via Pandina 2, Mulazzano  
Tel. +39 02 98875298  
(closed on Sun. afternoon and Mon.)

**PIZZERIA DAMIN**

Via Lago di Garda 2, Mulazzano  
Tel. +39 02 989434 (always open)

**BAR BALLETTI**

Pzza Puccini 22, Vizzolo Predabissi  
Tel. +39 02 9835353

**CAFFETTERIA PASTICCERIA**

Via Piave 1, Melegnano  
Tel. +39 0298127160 closed on Mon

**RISTORANTE PIZZERIA DA LUCA**

Via Turati 15, Melegnano  
Tel. +39 02 98855654  
Always open (12-14:30, 18:30-23:30)

**CAFFE' VITTORIA**

Pzza Vittoria, Melegnano  
Tel. +39 02 98235394 (Closed on Mon.)

**PANINOGIALLO "UNTO"**

Via Dezza 49, Melegnano  
Tel. +39 338 88 48 521



A group of cyclists in various colored jerseys are riding through a field of tall green grass. In the foreground, a large, round hay bale sits on the ground. The background is filled with lush green trees under a bright blue sky with wispy white clouds.

# cycling between Lodi and Milan

ROUTE

7

## **SACRED AND PROFANE IN ALTO LODIGIANO**

Here is another short and easy route suitable for everybody. From Punto Parco Casa dell'Acqua di Paullo many historical sites can be reached, such as the Santuario di San Giovanni in Merlino, the Borromeo Castle in Corneliano Bertario, Villa Pertusati in Comazzo and Palazzo Carcassola Grugni in Marzano. Part of this route covers the Muzza Greenway.





Starting and finishing point: Paulo

**Distance:** approx 25km round trip

Total ascent: negligible

Grade: easy

**Road surface:** 25% dirt road along a towpath, 75% asphalt, mainly along bicycle paths, the rest along secondary roads. In the stretch along the Muzza towpath, it is recommended to keep the children on the outer side, with adults alongside them, since there are some dangerous points with no fence.

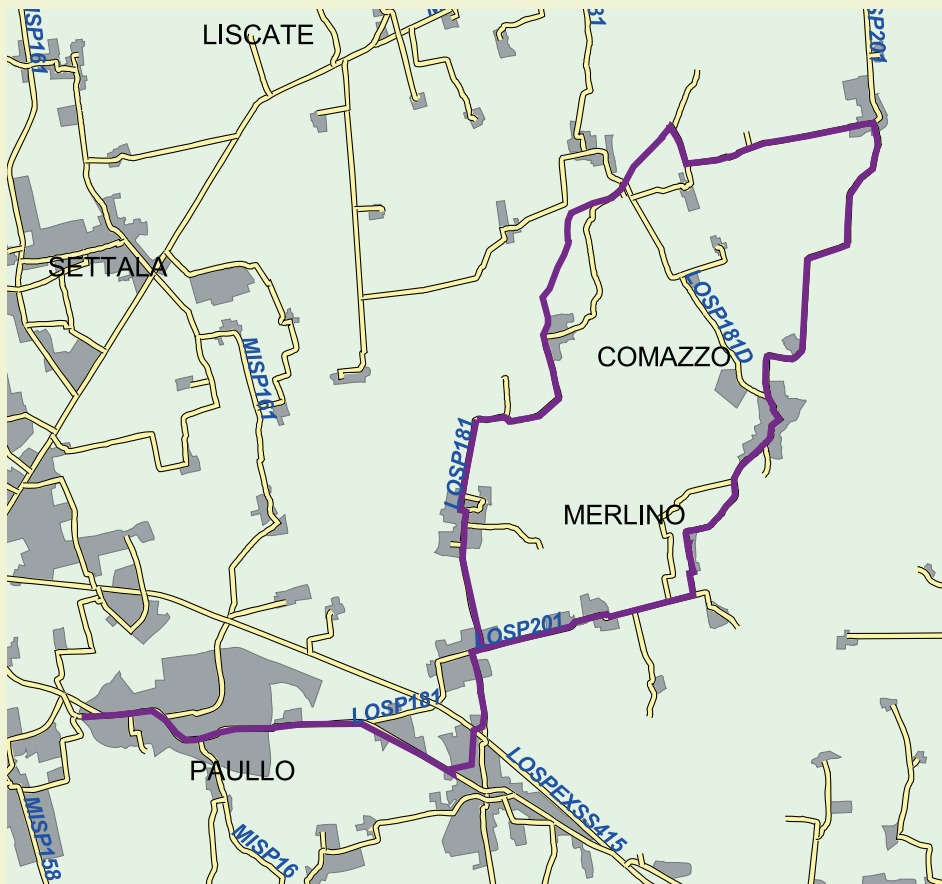
Recommended type of bike: road or hybrid.

### Drinking fountains:

**Paullo:** at the beginning of the route, at the Parco San Tarcisio (Via Manzoni).

1

Bicycle shop "F.lli Denti" Via Turati, Paullo  
(closed on Sundays).



## DIRECTIONS

- From the Casa dell'Acqua in Paullo, ride along Via Buonarrotti towards the centre of Paullo and take Via Milano (mind the motorized traffic!). Cover Via Milano and proceed straight ahead along Via Pasubio towards Zelo Buon Persico. Past the cemetery of Paullo, take the bicycle path Paullo-Zelo on the right-hand side and follow it as far as the junction with Via Miglioli, where we turn left, then right into Via Sacchi. Turn left into Via 8 Marzo and then into Via Cavour and reach the junction between the road you are on and the national road SS415 Pallese.
- Past the SS415 "Pallese", proceed in the direction of Merlino, cross the roundabout and take the bicycle path on the left-hand side, which leads to Merlino. From here, after 300 metres turn right into Via San Giovanni and reach the Sanctuary of San Giovanni along a dirt road.
- Cycle back to the Municipal building of Merlino, where we turn right into Via Roma in the direction of the hamlet Vaiano di Merlino (SP181).
- Immediately before the village, take a dirt road on the left and reach the Muzza Canal towpath.
- Turn right into the towpath and ride

ahead along the canal until you get to a point near the hamlet of Lavagna, where the dirt road ends. Go ahead along the main road SP102 on the left-hand side for about 100 meters, cross the main road SP101, resume the dirt road along the Muzza and proceed as far as Cascina Castiona, where we turn right into the dirt road that leads to Corneliano Bertario and to the Borromeo Castle.

- Proceed along the paved road SP201 (leaving the castle on the left-hand side) towards Comazzo (Villa Pertusati). Upon leaving Comazzo, take the bicycle path that runs alongside the main road SP201 as far as the hamlet of Marzano di Merlino (Palazzo Carcassola Grugni).
- Proceed along the SP201 until the roundabout. Turn left towards Zelo Buon Persico, cross the national road SS415 "Pallese" and then ride back to Paullo following the same route reversing these instructions.



*San Giovanni al Calandrone in Merlino*



*Palazzo Carcassola Grugni in Marzano*



*Cascina Castiona*



*The Muzza in Lavagna with its beautiful poplars belt.*

### **DID YOU KNOW?**

San Giovanni al Calandrone is the only sanctuary in Lombardy dedicated to a Saint and not to the Virgin Mary.

## **POINTS OF INTEREST**

### **Merlino:**

- Sanctuary of San Giovanni al “Calandrone”: it is situated not far from the centre of Merlino and it is the destination of an annual pilgrimage. The first mention of this church dates back to the XIII century and can be seen in a parchment paper kept in the files of the Mensa Vescovile in Lodi. Calandrone is the name of the small ditch that once flew beside the sanctuary walls.

### **Corneliano Bertario:**

- Castello Borromeo: built in XV century, it

overlooks the piazza of the ancient village, which has maintained its medieval fascination. The Castle can only be visited after booking.

### **Comazzo:**

- Palazzo Pertusati, built in 1747 in a magnificent position upon the Adda terrace by Cristoforo Pertusati, milanese nobleman in the service of Eugenio di Savoia. The building has a classical “U” layout, with closing wings forming the courtyard. Today it is municipal building. In ‘800 the parish priest of Comazzo ordered the mutilation of the marble nymphs in the garden, because

they were deemed outrageous.

- Mouths of Vacchelli Canal (they can be reached with a short detour to locality Marzano-Bocchi): remarkable hydraulic work that feeds the Vacchelli Canal with water from the Adda River.

### **Marzano:**

- Palazzo Carcassola-Grugni, outstanding building at the entrance of the hamlet of Marzano. Built in late ‘500 and initially owned by the noble Carcassola family, the Palazzo is now owned by the Grugni family, who opens its doors to the public only for guided tours.



### **CASCINA DI MEZZO Green B&B**

C.na Di Mezzo 20060 LISCATE (MI)  
+39 02 95350372  
[www.cascinadimezzo.it](http://www.cascinadimezzo.it)

#### **Contact :**

SUSANNA, ELENA, ROBERTO PIROLA,  
[info@cascinadimezzo.it](mailto:info@cascinadimezzo.it)

Farm guesthouse with restaurant (80 seats),  
B&B (6 beds), vast garden and lounge. Re-  
tail of: cold cuts, cakes, home-made pasta,  
jam and more. Playground for children.  
Guided tours for guests.



### **AZIENDA AGRICOLA TAVERNA GIOVANNA Shopping in the Farm**

Azienda Agricola TAVERNA GIOVANNA  
Località Molino Molgora  
(strada F.ne Lavagna/Truccazzano), Comazzo  
+39 02 9061219

**Produce:** meat of our own farm-raised beef.  
Open times: Sat. 8.00 – 18.00  
Accommodation and Food



*Comazzo: Palazzo Pertusati with the remains of the Italian-style garden*



*Among fields and waters*



*The Muzza Canal before Lavagna*





### **RISTORANTE MERLINO**

Via Roma 42, Merlino  
Tel. +39 0290659490

### **TRATTORIA VIGNOLA**

Via Cassinello 10, Corneliano B.  
Tel. +39 0295309327

### **TRATTORIA LA VILLETTA**

Via Lago Gerundo 27, Corneliano B. tel +39  
029083702

### **TRATTORIA PIZZERIA DEI PLATANI**

Via Cavour 12, Comazzo  
Tel. +39 029061010

### **BIRRERIA PUB ANTICO & MODERNO**

Via Roma 42, Comazzo  
Tel. +39 0290615028

### **TRATTORIA DEL SOLE**

Via Roma 30, - Comazzo  
Tel. +39 02 9061055

### **TRATTORIA BOCCHI**

Via Leopardi 1, - Comazzo  
Tel. +39 02 9061038

### **TRATTORIA CACCIATORI DA GINO E TERESA**

Via 4 Novembre 27, - Marzano  
Tel. +39 02 90658967





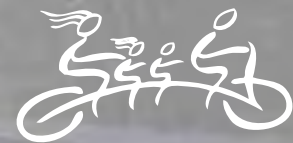
# cycling between Lodi and Milan

ROUTE

# 8

## THE CARENGIONE AND THE CASTLE OF PESCHIERA BORROMEO

This cycling route of average grade is extremely interesting from an historical and natural standpoint, as it develops from the Punto Parco Casa dell'Acqua di Paullo to the Borromeo Castle of Peschiera Borromeo, crossing the Carengione, a natural area of forests and fields, crossed by irrigation ditches and springs and dedicated to recreational enjoyment.



## > ROUTE 8 \_



### TECHNICAL SHEET

Starting and finishing point: Paullo

Distance: approx 40km round trip

Total ascent: negligible

Grade: average

Road surface: 30% dirt road, 70% asphalt,  
along bicycle paths and secondary roads

Recommended type of bike: road or hybrid

### WATER SOURCES ALONG THE ROUTE

Drinking fountains:

**Paullo:** at the beginning of the route, at the  
Parco San Tarcisio (via Manzoni)

**Tribiano:** in the courtyard of the Municipal  
building

Lucino, hamlet of Rodano: near the  
playground beside the Museum of  
Lambretta

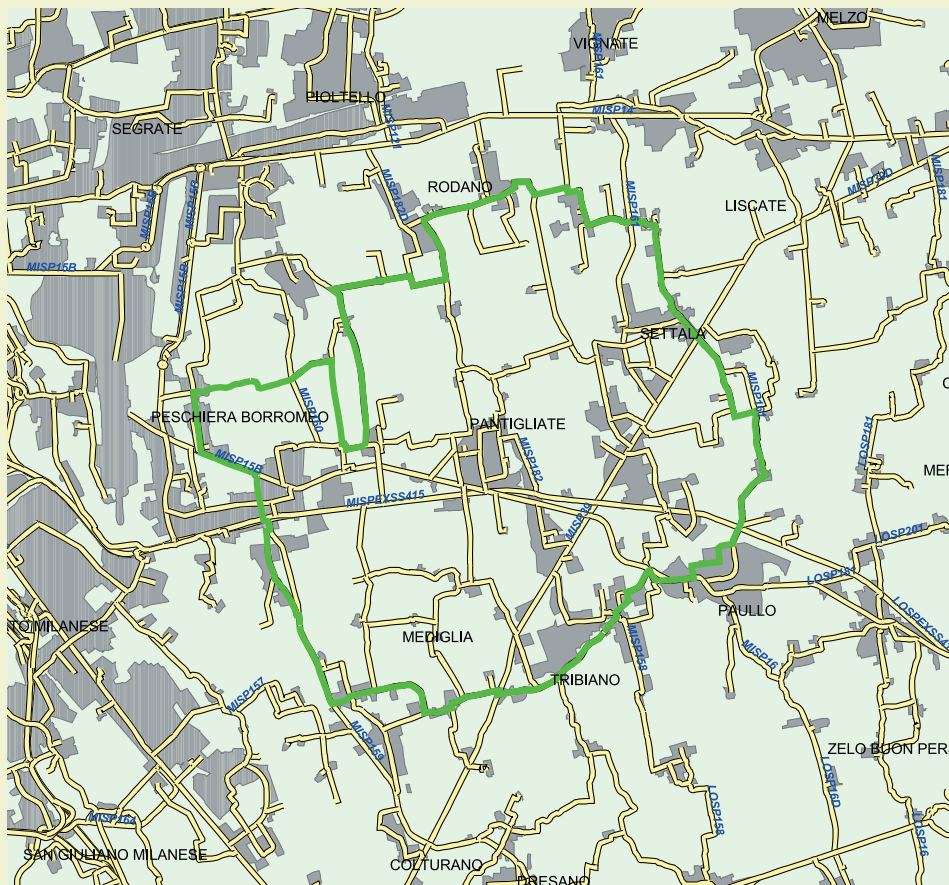
### REST STOPS

**Peschiera Borromeo (Bettola):** Parco della  
Pace, Via Matteotti

**Premenugo:** town park

### MECHANICAL ASSISTANCE

Bicycle shop "F.lli Denti" Via Turati, Paullo  
(closed on Sundays)

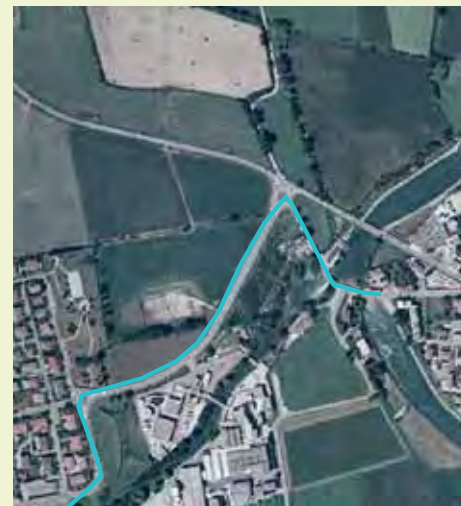




*Access to the area before the Castle*



*The "risorgiva" inside the Carengione*



*Exit from Paullo*

## **DIRECTIONS**

- Upon leaving the courtyard of the "Casa dell'Acqua", turn right into Via Buonarroto (Attention please! This is a one-way road and we must walk pushing our bikes. Past 200 metres, at the end of Via Buonarroto, take the bicycle path on the left, towards Tribiano. Proceed along the bicycle path almost as far as the end of Via Edison, where the bicycle path turns left leaving Via Edison on the right. Proceed into the path on the left, alongside

the Addetta Canal and the into Viale Piave, until you reach the junction between the road you are on and Via Umberto I. Turn left and cross the pedestrian bridge on your left (remains of a fortified grange on the left).

- Past the bridge, turn right into Via 24 Maggio and cover it until you find the starting point of the bicycle path on the left-hand side of the road, which leads to the Municipal building of Tribiano.

Past the Municipal building of Tribiano, proceed as far as the junction between the road

you are on and the main road SC704. At this point follow the bicycle path, which leads to the opposite side of the road.

As we ride nearby the golf green of Zoate, a beautiful tree lined road leads us to the bridge over the Addetta Canal. Past the bridge, turn left into the municipal road SC 705 which in Zoate is the same as Via Rossini.

From the bridge, with a short detour we can give a quick look at the nice medieval village of Zoate.



- Cover Via Rossini as far as the main road SP39 “Cerca”, turn right and then left towards the hamlet Bustighera (be careful when you cross the “Cerca” as this is a busy road at all times!)
- Pass Bustighera along Via della Libertà, reach Triginto (hamlet of Mediglia) and proceed straight ahead into Via Di Vittorio. In Triginto our route crosses Via Roma. A short detour on the left, along Via Roma, will lead us to an ancient ice-house.
- Once we have retraced our steps, cover Via Roma backwards and reach the Piazza della Chiesa. At this point turn left and then right into the bicycle path in the direction of Robbiano (hamlet of Mediglia).
- The bicycle path runs alongside the main road SP159 “Bettola – Sordio” as far as Robbiano, hamlet of Mediglia. Ride through the built-up area of Robbiano along Via Grandi and then Via Fratelli Cervi.
- At the end of Via Fratelli Cervi turn right and resume the bicycle path along the provincial street SP159 (Via Melegnano) as far as the large roundabout, which must be crossed at the traffic lights.
- Past the roundabout we are in Peschiera Borromeo where, proceeding along the bicycle path, we ride into Via Moro and pedal as far as the next traffic lights. At this point cross the junction keeping the left side (bi-

cycle path shared with pedestrians) and cover Via Matteotti as far as the junction with Via 25 Aprile.

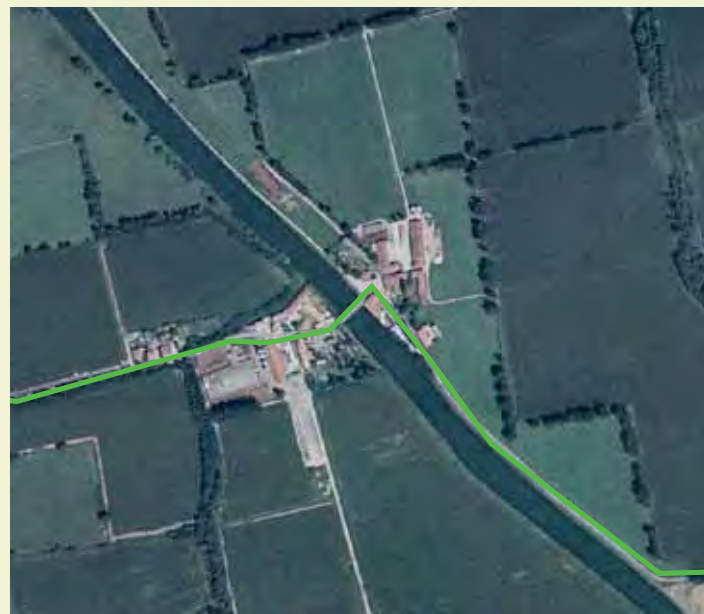
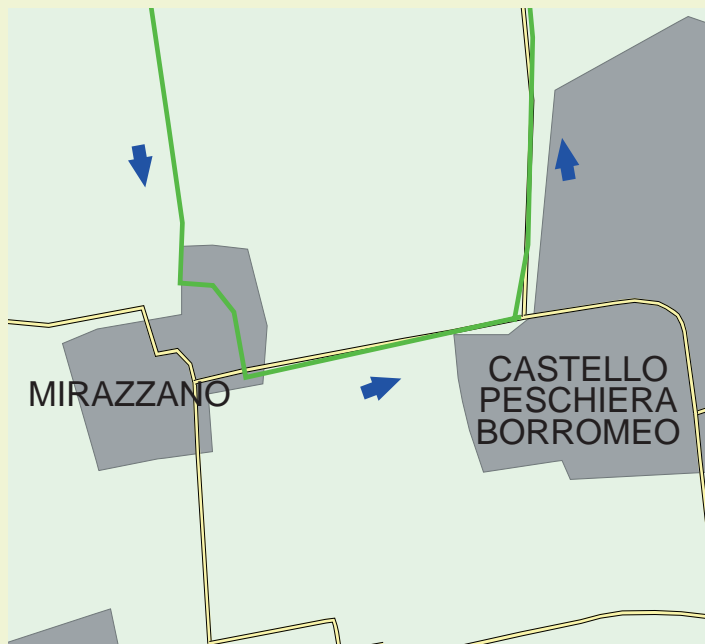
At the traffic lights cross the junction turn right into the bicycle path in the direction of Mezzate, hamlet of Peschiera Borromeo. Once in Mezzate turn right into Via della Resistenza and cover this road as far as the junction with Via Turati, where we turn right. When the asphalt ends, proceed straight ahead along the dirt road of Mezzate.

Follow the dirt road keeping the right side when road forks and after crossing the damp area of the Carengione, reach the junction between the dirt road and Via Lombardia (paved road). Cross the junction and proceed along the dirt road on the opposite side.

Past the farmstead Cascina Fiorano (beware of the dogs!) turn right and follow this road until we get to the paved Via Lombardia, where we proceed straight ahead as far as Piazza Pizzini in Mirazzano.



A: Bustighera, B: Triginto



Bridge over the Muzza in Conterico

- Past the piazza, turn left into Via San Carlo Borromeo which leads to the homonymous Castle, surrounded by a romantic moat.
- After a glance at the castle, ride backwards as far as the corner in the surrounding wall and turn right into a dirt road (Strada Vicinale della Pestazza) which runs

along the perimeter of the park surrounding the castle.

- Proceed in the same direction, ignoring a fork on the left and a farmstead on the right-hand side. Soon after the dirt road bends left, turn right into another dirt road and, past Cascina Panzone, reach the junction of the dirt road you are on, with Via

Monza, which connects Cassignanica with Rodano-Millepini.

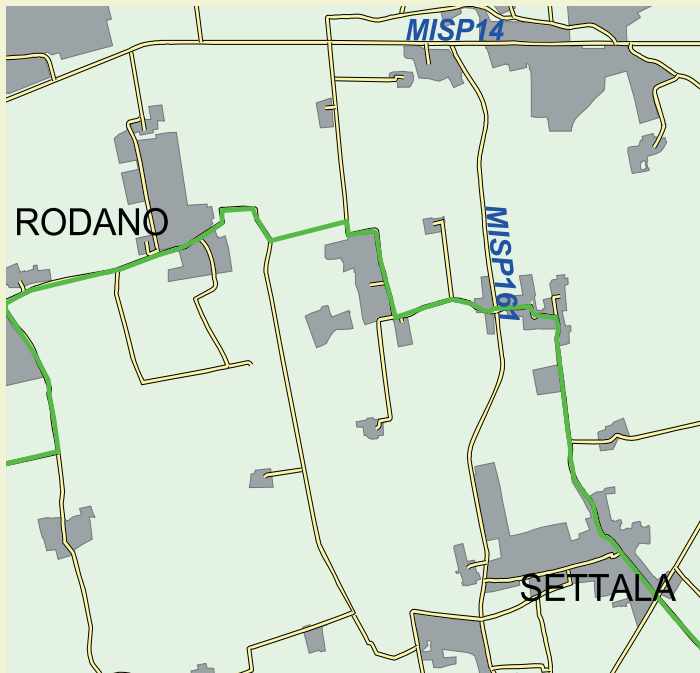
- At this point turn left into the paved road and reach the roundabout from which a bicycle path starts of the left, which leads to Lucino (hamlet of Rodano) leaving the farmstead Cascina Briavacca on the left.

- Cross the built up area along Via Roma, riding alongside of the football field. As far as the cemetery turn right into the road that will lead us to the junction with the former Provincial Road 161, which we will follow on the right hand side, until we reach the roundabout of Premenugo.
- Enter the village along Via Milano and Viale

Piave and then turn right into Via Campo Sportivo, following this roads far as Settala (the side walk on the left may be used a bicycle path). Cover Via Roma, reach the piazza and proceed along Via Trento as long as the traffic lights on the junction with the main road SP39 "Cerca". Cross the junction and proceed into the main

road SP 161 in the direction of Paullo.

- Cross the traffic lights on the provincial road SP415 "Paullese" and enter the built up area of Paullo. Cover Via Manzoni, then right into Via De Gasperi, left into Via Ronco, right into Via D'Acquisto, left into Via F.lli Cervi, right into Via Milano and finally ride into Via Buonarroti to reach the Casa dell'Acqua.



## POINTS OF INTEREST

### Peschiera Borromeo:

- Castello Borromeo: the castle is located near the historical hamlet Mirazzano. It was built in 1437 by Vitaliano Borromeo. It has a square layout and is surrounded by a moat. It is a private property.
- Carengione is a 23 hectare area of traditional Lombard countryside with its representative landscape. This means well-watered crops and uncultivated fields bordered by thick rows of hygrophilous plants. The area counts several springs and a vast network of irrigation ditches that are still used to irrigate.

### Settala:

- Punto Parco Cascina Castello, rural building still active. It is the head-office of the Ethnographic Centre of Rural Arts and Traditions.

### Rodano:

- Botanical Centre of Casa Gola, structure with educational and scientific purposes in the botanical field. Casa Gola is in the main square in the hamlet of Lucino, facing the Rodano town hall. Piazza IV Novembre, Tel. +39 02 88463289
- Museum of the Scooter and of Lambretta, the only one of its kind in Europe, a unique and valuable collection with 110 scooter

models from all over the world, representing the scooter production of the world's most industrialized countries. Via Turati 7, Tel. +39 02 95320438 (<http://www.museoscooter.it/>)

### Rodano and Settala:

- Regional Reserve Sorgenti della Muzzetta is an EU-registered site of environmental interest, with the largest "fontanile" in the Provincia di Milano, formed by three fountainheads fed by several water springs. The reserve can be visited by contacting Domenico Barboni (+390295320106, [domenico.barboni@tele2.it](mailto:domenico.barboni@tele2.it)) or ADM (+390288463337, [info@assodidattica-museale.it](mailto:info@assodidattica-museale.it)).



### PUNTO PARCO CASCINA CASTELLO

#### Parco Agricolo Sud Milano

Via Cascina Castello,  
Settala (MI)  
+39 02 95320002

#### Contact :

Associazione culturale "il fontanile"  
[ilfontanile1@virgilio.it](mailto:ilfontanile1@virgilio.it)

The main building of the farmstead Cascina Castello is the head-office of the Ethnographic Centre of Rural Arts and Traditions. The building dates back to 1300 and is characterized by a small palace with a portico on the ground floor, with pointed arches supported by stone columns surmounted by original capitals. In 1800 the feather battlements were added. Cascina Castello as a farmstead is still active and productive. The museum, with its collection of tools and objects of the rural traditions, is one of the most interesting in Lombardy.





### **LOCANDA CORTE GRANDE**

Via Umberto I 2, Tribiano

Tel. +39029064080

e-mail: [info@cortegrande.com](mailto:info@cortegrande.com)

### **TRATTORIA DEL CASTELLO**

Via S. Carlo Borromeo 12

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Tel. +39 025470160

### **HOSTERIA IL CASTELLETTO**

Via 25 Aprile 17,

Peschiera Borromeo

Tel. +39 02 547 0022

### **ANTICA TRATTORIA MIRAZZANO**

Via F. Sforza 14

Peschiera Borromeo (Mirazzano)

Tel. +39 02.5470000

### **BAR VITALI**

Pizza 4 Novembre

Rodano (hamlet Lucino)

Tel. +39 0295320434

### **BAR PANINOTECA IL TRENINO**

Via Turati

Rodano (hamlet Lucino)

Tel. +39 3491843517

### **DA PIPPO A CASSIGNANICA**

Pizza Paolo Grassi

Rodano (hamlet Cassignanica)

Tel. +39 0295328016

e-mail: [info@dapippoacassignanica.it](mailto:info@dapippoacassignanica.it)





# cycling between Lodi and Milan

ROUTE

9

## AMONG FIELDS AND WATERS

Easy route, suitable for everybody, from Punto Parco Casa dell'Acqua in Paullo along the shores of the remains of the mysterious Lake Gerundo and the irrigations dykes of the Lodigiano.

This route offers an overview of the rural landscape that is typical of the Parco Agricolo Sud Milano and Parco Adda Sud.



Starting and finishing point: Paulo

**Distance:** approx 26km round trip

Total ascent: negligible

Grade: easy

**Road surface:** entirely along paved roads, bicycle paths and secondary roads.

Recommended type of bike: road or hybrid

### Drinking fountains:

**Tribiano:** in the courtyard of the Municipal house (almost at the end of the route)

**Galgagnano:** at the town park in Piazza della Libertà

Quartiano: town park in Via 4 Novembre

Bicycle shop "F.lli Denti" Via Turati, Paullo  
(closed on Sundays).





*Cascina Villambreira*



*Pedestrian bridge in Quartiano*

## **DIRECTIONS**

- From the Casa dell'Acqua in Paullo ride along Via Buonarroti towards the centre of Paullo and take Via Milano (mind the motorized traffic!).

Cover Via Milano and proceed straight ahead along Via Pasubio towards Zelo Buon Persico.

- Past the cemetery of Paullo, take the bicycle path on the right-hand side and follow it as far as Zelo Buon Persico.

Cover via Dante as far as the street number

16 then ride into Via Cardazzi on the right-hand side (the road can only be entered by bicycle and on foot). Turn left into Via Marconi, then right and reach Piazza Italia. Cross the Piazza (pedestrian area) and take Via 20 Settembre on the right.

- Pass the roundabout and take the bicycle path in the direction of Lodi. Proceeding towards the hamlet of Mignete, a short detour (approx 1km) leads us to the ancient rural hamlet of Casolate.

- Ride back to the bicycle path along the

SP16, and proceed as far as the hamlet of Mignete, where the bicycle path stops.

Keep to the right, leaving the SP16 on the left, and cross the village.

At the end of the village a grade separation on the left-hand side will let us cross the SP16 and resume the bicycle path that at this point runs on the left side of the road and beside the escarpment of the ancient Lake Gerundo, now almost entirely drained away.



- Proceed crossing the green area near the Punto Parco Adda Sud, then reach and ride past the roundabout in Villa Pompeiana (approx 7.5 km). At this point, those who wish to be surprised again might take a detour and reach the Parco Ittico Paradiso. Follow the signs to reach this interesting site. Proceed towards Galgagnano following the bicycle path along the main road SP 16.

- At this point cross Via Monzasca (it is the local name for main road SP16 San Grato-Zelo B.P) and turn right into the road towards Quartiano.

Once in Quartiano cover Via 4 Novembre

crossing the Muzza Canal along a beautiful pedestrian bridge, then proceed as far as the crossroads with Via Monsignor Pandini, Then turn right in the direction of Mulazzano and reach this village along the peaceful bicycle path on the right-hand side of the road.

- Enter Mulazzano and past a few dozens metres, turn left into Via Pandina, covering it almost as far as the end of the built-up area. Then turn right into Via Dei Platani. At the traffic lights turn right into Via Lanzano (subsequently called Municipal Road SC704) which leads outside the village, riding alongside fields and irrigation dykes, passing by the

ancient farmstead Cascina Virolo che and finally reaching the hamlet of Lanzano.

- Cross the village along Via Mazzini and proceed turning right into Via Roma. Cycle ahead as far as the medieval church of San Barbaziano, and finally reach the crossroads with the Strada Comunale 705 (we are now in the territory of the Comune di Tribiano). Turn right into the bicycle path. Pass the Town Hall (there is a water fountain in its courtyard) and proceed along the bicycle path, riding alongside the Cemetery and reaching the roundabout which signs the beginning of the built-up area of Tribiano.



*The remains of the ancient Lake Gerundo*



*The beautiful road that leads to Lanzano (in the background Cascina Virolo)*

- A few hundreds metres to go and the bicycle path ends. Proceed keeping to the right along the Via 24 Maggio, which we follow as far as the crossroads with Via Umberto I, where we turn right upon the nice pedestrian bridge) and turn right into Via Piave. **Attention please!!!** This 100 mt long stretch is a one way road, where riding is not allowed. Walk as far as the first opportunity to turn right into a narrow path, where we can resume cycling.
- The path crosses a small green area and reaches Via Aldo Moro, which we cover as far as the first roundabout, where we turn right into Via Edison. Follow this road as far Via Buonarroti. At this point turn right and after a hundred metres we will reach the Casa dell'Acqua in Paullo, where we started our journey.



*Path starting from via Piave*

## POINTS OF INTEREST

### Zelo Buon Persico:

- Ice-house of early XIX century. From Piazza Italia, turn into Via Lombardia. Just a few metres and you will reach the remains of an ancient ice-house (now in total neglect), one of the last specimen of rural architecture of this kind in our territory. Formerly owned by the Real-Estate Agency of the Ospedale Maggiore, the building is characterized by the spherical cap made of cotto bricks.

### Casolate:

- Ancient rural village, first quoted in a document of 1147, today it has only 15 inhabitants.

### Mignete:

- Oratorio S. Michele: small church dating back to XII century, now transformed into a Punto Parco Adda Sud. Rest area with playground for children.

### Tribiano:

- Church of San Barbaziano. The first evidence of a religious settlement in San Barbaziano dates back to XIII century, when the church of San Barbaziano was among the ecclesiastic institutions around Lodi charged with taxes by the papacy in 1261. Other documents date the church back to year 1090.



*Ancient ice-house in Zelo Buon Persico*



*The beautiful façade of San Barbaziano*

### DID YOU KNOW?

In 1488 the duke of Milan Francesco Sforza established his headquarter in Casolate, during the war against the Republic of Venice.



**CASCINA SANT'ANTONIO**  
**Green B&B**

C.na Sant'Antonio 20067 PAULLO (MI)  
+39 02 90632350

**Contact:** IMELDA CASORATI

Farm guesthouse with B&B in furnished apartment (4 beds). Projects: enlargement of the building with more rooms (up to 10 beds), with disability access and conference room.



**TENUTA VIROLO**  
**Shopping in the Farm**

**Az. Agricola CASCINA VIROLO**

Via per Lanzano, Mulazzano (LO)  
+39 02 989044

*Apertura:* sabato pomeriggio e, su richiesta,  
contattando il n. +39 335 6318403  
<http://www.tenutavirolo.it/>

**Contact:**

[tenutavirolo@tiscali.it](mailto:tenutavirolo@tiscali.it)

The Virolo estate has ancient origins and is composed by a large group of buildings (it was first mentioned in the cadastre "Teresiano") with a cow shed, farmhouse, cheese factory and shed) and its 140 hectares of arable land all around it. Today the traditional farming activity (low environmental impact cultivation of cereals, fruit and vegetables) is completed by the cultivation of hard wood, didactic activity and the direct sale of own produce. Virolo is particularly suitable for schools rural tourism and any recreational activity such as walks, bird

watching or naturalistic photography. The farmstead has been restored and it can accommodate banquets, conventions, or rural parties.





### **LOCANDA CORTE GRANDE**

Via Umberto I 2, Tribiano

Tel. +39029064080

e-mail: info@cortegrande.com

### **HOTEL FLORENTIA**

Via Milano 1/3

26832 Cervignano d'Adda (LO)

Tel: +39 02 9813246

e-mail: hotel\_nuovaorchidea@yahoo.it



### **OSTERIA JAZZ CAFE'**

Via Lodi 4, Mignete

Tel. +39 3383585984

closed on Mon-Tue.

### **TRATTORIA GIUPPONI**

Via Lodi 13, Mignete

Tel. +39 02 9065012

closed on Mon

### **BAR CAFFETTERIA BIANCHI**

Via Monzasca 2, - Galgagnano

Tel. +390371 68371

closed on Mon

### **RISTORANTE FRA' DIAVOLO**

Via Lodi 17, - Villa Pompeiana

Tel. +3902 90658585

closed on Mon

### **BAR PONTE MUZZA**

Via 4 Novembre 50, Quartiano

Tel. +3902 9813509

closed on Sun

### **RISTORANTE PIZZERIA DAMIN**

Via Lago di Garda 2, Mulazzano

Tel. +3902 989434 always open

### **PASTICCERIA SILVIA**

Via Pandina 2, Mulazzano

Tel. +3902 98875298

closed on Mon



# cycling between Lodi and Milan

ROUTE

# 10

## **FROM LAUS NOVA TO THE WALLS OF PIZZIGHETTONE**

This is an interesting route of average grade, to be performed in two days. From the Punto Parco Casa dell'Acqua the routes touches three provinces: Milan, Lodi and Cremona. Crossing the beautiful town of Lodi (the ancient Laus Nova) it reaches the powerful walls of Pizzighettone, the "walled town", an extraordinary example of military architecture. For those who want to cycle a little bit farther, the Po River is only a few kilometres further on...





## TECHNICAL SHEET

**Starting and finishing point:** Paullo

**Distance:** approx 110km round trip

**Total ascent:** negligible

**Grade:** average

**Road surface:** 70% paved road (almost entirely along bicycle path) 30% dirt road (towpath along the Muzza Canal and Adda River). In the stretch along the Muzza towpath, it is recommended to keep the children on the outer side, with adults alongside them, since there are some dangerous points with no fence.

**Recommended type of bike:** road or hybrid.

## WATER SOURCES

**Drinking fountains:**

**Arcagna:** near the votive kiosk of the Madonna del "Gabon"

**Montanaso:** at the end of Via Garibaldi

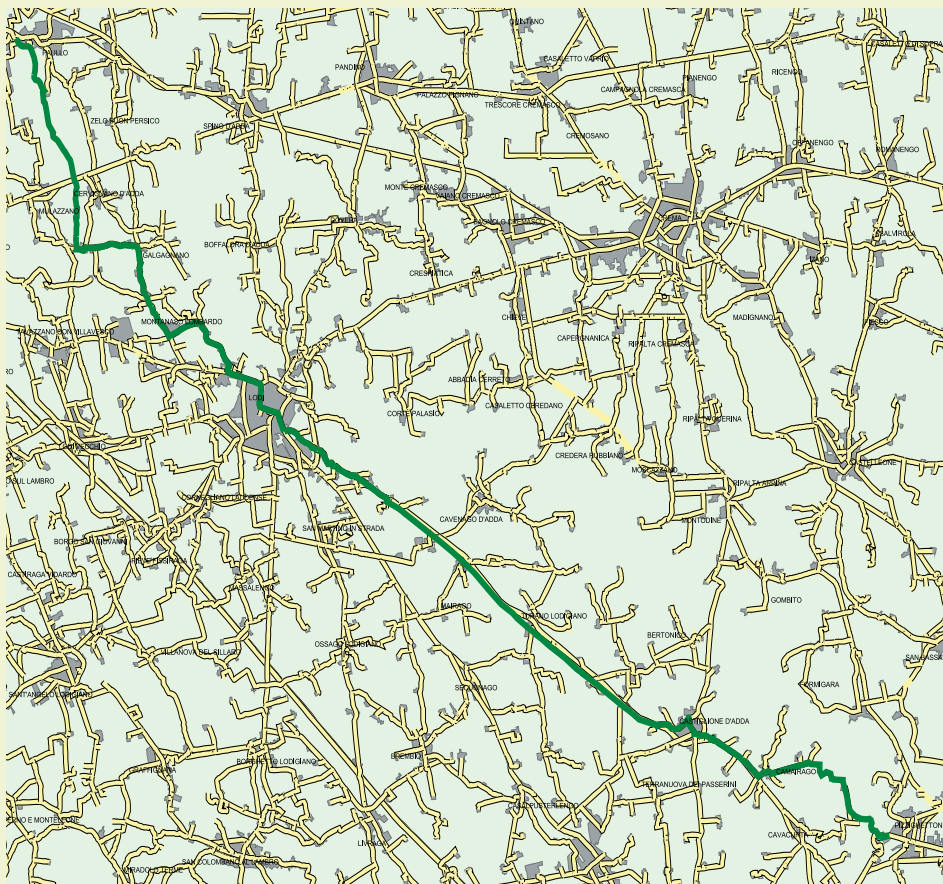
## REST STOPS

**Arcagna:** Near the votive kiosk of the Madonna del "Gabon"

**Montanaso:** soon after the pedestrian bridge across the Belgiardino Canal.

## MECHANICAL ASSISTANCE

Bicycle shop "F.lli Denti" Via Turati, Paullo (closed on Sundays). Bicycle shop "Cicli Diliè", Piazzale Fiume, Lodi (open also on Sun. monday)

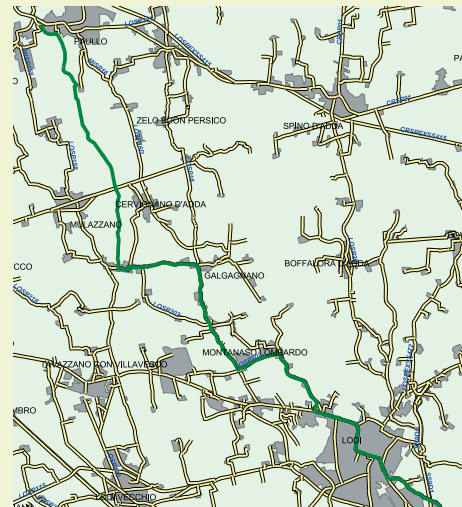




Signpost indicating the Zelasche



Cycling among the fields towards the Tenuta del Boscone



First stretch from Paullo to Lodi

## DIRECTIONS

- From the Casa dell'Acqua in Paullo take the left towpath of Muzza Canal going downstream.

Cross the bridge over the Muzza, near Cascina Villambrera and turn left at the end of the bridge onto the right towpath.

- Cycle ahead passing the waterfall and the small power plant Bolenzana as far as Quartiano, where the towpath stops.

- Cross the pedestrian/cycling bridge on the left and go ahead along Via 4 Novembre as

far as Galgagnano. In Galgagnano cross the provincial street SP16, turn right and resume the bicycle path.

- Pass the villages Bellaria, Arcagna and the Belgiardino Canal and cycle ahead along the bicycle path as far as the junction between the SP16 and the road to Montanaso. At this point turn left into Via Garibaldi and then at the end of the street turn right downhill along the provincial street SP202 towards Lodi.

At the large roundabout in Lodi, turn left, cross the street and the car park of the su-

permarket "Lidl", then cross Via Milano at the traffic lights and proceed on the left along the bicycle path (on the right side on the road).

Proceed as far as the next roundabout, turn right in Viale Dalmazia, holding the left side where the bicycle path runs alongside of the Isola Carolina Park. At the next roundabout turn left into Via Dell'Acquedotto, crossing Viale Dante Alighieri and taking Viale 4 Novembre (which has a bicycle path on the left side).



- Cycle straight ahead into Viale Agnelli (bicycle path along the left lane). At Porta Crema turn right again into Corso Mazzini and then left into Via Friuli. Leave the farmstead Cascina Coldana on the left and cross the “tangenziale” (bypass or ring road) of Lodi along an overpass which will lead you to the locality Ca' del Conte.
- This beautiful stretch runs along the course carved out by the Adda River; inside the territory of the Parco Adda Sud. Once we have reached the main road SP 26 towards Cremona, we turn left onto the bicycle path and ride as far as the traffic lights “on request”, where we cross

the road and proceed on the bicycle path which runs alongside the small canal Colatore Muzza.

- Ride past Caviaga, Basiasco and Turano and proceed along the bicycle path which runs on the old provincial road. This path ends soon after the restaurant Cascina Colombina in Bertoni. Here we turn right into the provincial road and travel as far as we cross the bridge over the Muzza Canal. At the end of a short slope, we turn left in the direction of Castiglione d'Adda (via Umberto). At the crossroads turn right and proceed along Via Garibaldi and Via Roma, then turn left into Via Incoronata and resume the bi-

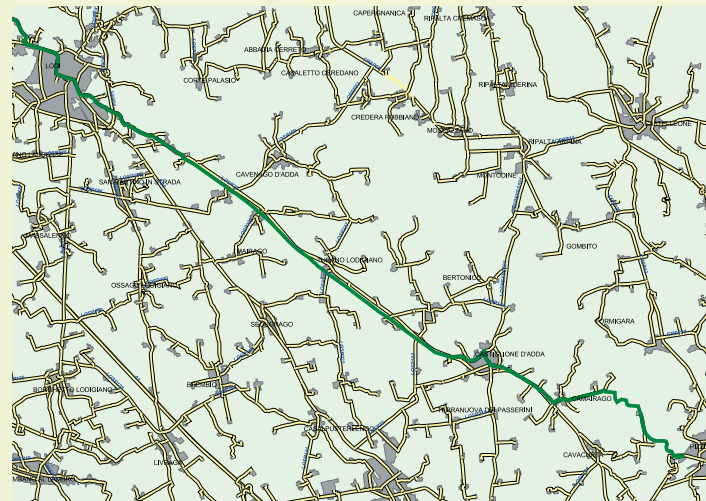
cycle path which runs alongside the provincial road and leads us to Camairago.

- Once in Camairago, we ride past the piazza. Before reaching the Castle we turn into a downhill road which leads us among cultivated fields to the forest near the Adda River and to dirt road which will bring us to the nature reserve Tenuta del Boscone.

- From the Tenuta, head for Pizzighettone cycling along the bank of the Adda River. In Pizzighettone we are welcomed by the beautiful Torre del Guado, ancient battlements that have withstood the test of time.



The pedestrian/cycling bridge in Pizzighettone



Second stretch: Lodi-Pizzighettone

## POINTS OF INTEREST

### Arcagna:

- Santuario della Madonna Assunta “Gabon”  
(age-old elm with nearby votive kiosk)

### Lodi:

- The town of Lodi offers many sites of special interest. Among others, the following are worth mentioning:
- Piazza della Vittoria and Piazza del Mercato
- Piazza Castello and the Castello Visconteo overlooking it
- The Romanic Duomo, the most ancient and most important monument in Lodi
- The Tempio Civico dell'Incoronata is an absolute must as it is a masterpiece of the Lombard Renaissance, and it represents the most prestigious monument of the town.

### DID YOU KNOW?

Lodi is the only Italian town to have a bust representing Frederick Redbeard, historical enemy of the communal liberties, and yet worshipped as the founding father by the Lodigiani. The bust of the German emperor can be seen on the right side of the Municipal Palace.



*Crossing the bridge over the Adda River in Pizzighettone*



*Fresco in the votive kiosk of Villa Pompeiana*



*Interiors of the casemates*



*The powerful walls surrounding Pizzighettone*

### **Pizzighettone:**

- The immense walls with the casemates (vaulted armoured chambers inside the fortress) and the Torre del Guado where

Francesco I of France was imprisoned are worth a visit. For a guided tour, contact the Gruppo Volontari delle Mura – Volunteers of the Wall (Piazza d'Armi, Pizzighettone -

- Tel: +39 0372.730.333, Mobile: +39 339 5278336)
- Tenuta del Boscone, regional park of 300 hectares and with 30 kilometres of paths which are both suitable for cycling and walking.



**AZIENDA  
AGRICOLA  
TENUTA  
DEL BOSCONI**  
**Shopping in the Farm**

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TENUTA DEL BOSCONI  
C.na Isola -Camairago  
+39 0377 59384  
[www.boscone.com](http://www.boscone.com)

**Contact:**

Antonio Biancardi  
[info@boscone.com](mailto:info@boscone.com)

Tenuta del Boscone is a nature oasis, three hundreds hectares large, alongside the Adda River; with walnut, elm, alder and oak woods. Recreational activities: Playground, fishing, guided tour, didactic tours, football field  
Produce: DOC meat (DOC is a mark guaranteeing the quality of food), vegetables and fruit, produce tasting. Always open.



**ALLEVAMENTO  
FRISIA**  
**Shopping in the Farm**

Allevamento FRISIA, C.na Brusata di sotto,  
Bertonico (LO)  
+39 0377 85019

**Contact:**

[allevamentofrisia@alice.it](mailto:allevamentofrisia@alice.it)

**Produce:** dairy milk, wine from cask, cheese,  
jam, honey, other delicacies.

**Open times:** Mon to Sat from 8.00 to 19.15  
- Sun and festive days from 10.00 to 19.15





### **B&B LA CASA DI OLIVER**

via Defendente 60, Lodi

Tel. +39.0371.411.777

e-mail: [info@lacasadioliver.it](mailto:info@lacasadioliver.it)

### **ALBERGO IL TORCHIO**

Via Mazza 8, Pizzighettone

Tel: 0372 731525

### **RESIDENZA GIGLIOLA**

Piazza d'Armi 3, Pizzighettone

Tel: 0372 743027

e-mail: [info@residenzagigliola.com](mailto:info@residenzagigliola.com)



### **TRATTORIA “DEL GUADO”**

Via Porta Bosco 1, Pizzighettone

Tel. +39 0372 743408

closed on Mon

e-mail: [trattoria.delguado@virgilio.it](mailto:trattoria.delguado@virgilio.it)

### **OSTERIA DARFANI**

Piazza Chiesa 1

Caviaga di Cavenago d'Adda

Tel. +39 0371 487092

closed on tuesday evening and wednesday

e-mail: [darfani@libero.it](mailto:darfani@libero.it)

### **RISTORANTE LA CONTRADA**

Via Sortita 9, Pizzighettone

Tel. +39 0372 744013

closed on tuesday evening and wednesday

### **RISTORANTE LA CHIOCCIOLA**

Via Piemonte 14, Pizzighettone

Tel. +39 0372/743309

Fax, +39 0372/743309

e-mail: [info@ristorantelachiocciola.com](mailto:info@ristorantelachiocciola.com)





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### **PROVINCIA DI MILANO**

Viale Piceno, 60 - 20129 Milano

[MIbici@provincia.milano.it](mailto:MIbici@provincia.milano.it)

[www.provincia.milano.it/pianificazione\\_territoriale/MiBici](http://www.provincia.milano.it/pianificazione_territoriale/MiBici)

### **PARCO AGRICOLO SUD MILANO**

C.so Porta Vittoria, 27 - 20122 Milano

[parcosud@provincia.milano.it](mailto:parcosud@provincia.milano.it) - [www.provincia.mi.it/parcosud](http://www.provincia.mi.it/parcosud)

### **PROVINCIA DI LODI**

Via Fanfulla, 14 - 26900 Lodi

[urp@provincia.lodi.it](mailto:urp@provincia.lodi.it) - [www.provincia.lodi.it](http://www.provincia.lodi.it)

### **COMUNE DI PAULLO**

Via Mazzini, 28 - 20067 Paullo (Mi)

[protocollo@comune.paullo.mi.it](mailto:protocollo@comune.paullo.mi.it) - [www.comune.paullo.mi.it](http://www.comune.paullo.mi.it)

### **CONSORZIO BONIFICA MUZZA BASSA LODIGIANA**

SEDE DI LODI: Via Nino Dall'Oro, 4 - 26900 LODI

[cmuzza@muzza.it](mailto:cmuzza@muzza.it) - [www.muzza.it](http://www.muzza.it)

### **PARCO ADDA NORD**

Via Benigno Calvi, 3 - Trezzo sull'Adda (MI)

[addanord@tin.it](mailto:addanord@tin.it) - [www.parcocaddanord.it](http://www.parcocaddanord.it)

### **PARCO ADDA SUD**

viale Dalmazia, 10 - 26900 - Lodi

[info@parcoaddasud.it](mailto:info@parcoaddasud.it) - [www.parcocaddasud.it](http://www.parcocaddasud.it)

### **AMIAQUE Srl**

Via Rimini 34/36, Milano

tel. 02/895201

fax 02/89540058

[www.amiacque.it](http://www.amiacque.it)

### **PAULLO CHE PEDALA-FIAB**

Via San Pedrino, 43 - 20067 Paullo

[info@paullochepedala.it](mailto:info@paullochepedala.it) - [www.paullochepedala.it](http://www.paullochepedala.it)

### **BANCA POPOLARE DI CREMA**

Via Milano, 77/79 - 20067 Paullo (MI)